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\*Weekly Newspaper\*

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# AMBOY GUARDIAN

• VOL. 2 NO. 50 • 732-896-4446 • P.O. BOX 127 • PERTH AMBOY • NJ • 08862 • WEDNESDAY, MARCH 20, 2013 •

## Joel Pabon Stands Alone

*Votes "No" on Resolution-113-3 Opposing Both S2364 and A3553 (See Below)*



Council President  
Joel Pabon



Councilman  
Kenneth Gonzalez



Reinaldo Aviles



Leslie Dominguez-Rodriguez



Stanley Sierakowski

PERTH AMBOY - Several residents spoke about bills passed by the Senate and Assembly which will allow New Jersey residents to vote early.

Local resident Stanley Sierakowski said that the State and County would pick up most of the cost associated with early voting. Sierakowski also wanted to know which Council Members asked to have this resolution put on the agenda.

City Clerk Elaine Jasko said that this was drafted as a pro-

posal by the League of Municipalities.

Resident Ricky Aviles urged the council to table R-113. "The states that have more progressive voting laws have a higher voter turnout. I don't mind paying more money for more democracy in voting. If you expand the voting time frame more people will come out. You should err on side of more voter participation - not less!"

Perth Amboy Democratic

Chairwoman Leslie Dominguez-Rodriguez agreed with Aviles, that this resolution should be tabled. "Let's see what's going on in other states. We have to educate voters on partisan and non-partisan elections. It's best if we table this resolution.

Council President Joel Pabon said, "The reason he voted no on R-113 is that he is in favor of early voting - anything to help increase the residents voter participation."

"Councilman Kenneth Gonzalez said, "We already have vote by mail which cuts down on voter fraud. Voting "Yes" also will save on the City's finances. The two bills will duplicate what is already in place."

After the resolution was passed with the "Yes" votes by Gonzalez, Petrick, Nanton and Irizarry, resident Ricky Aviles spoke again addressing Councilman Gonzalez first. "I appreciate that at least Mr. Gonzalez (although I didn't agree with him) that he gave a reason why he voted for R-113." Aviles also appreciated Council President Joel Pabon, "For you giving your reason for

voting "No." I would like to know from each of you (Council Members) the reasons you voted yes to this resolution."

Councilwoman Lisa Nanton said, "I didn't feel a need to explain, but it would cost the City, plus there would be a duplication of services."

Councilman Bill Petrick said, "He agreed with fellow Councilman Kenneth Gonzalez's explanation for voting "Yes" on R-113."

Leslie Dominguez-Rodriguez stated, "Votes by mail get lost and you also have the problem of change of addresses. Early voting will not cost Perth Amboy a dime."

## Resolution Opposing S2364/A3553

WHEREAS, Senate Bill S-2364 and Assembly Bill A3553 propose to create a system of early voting in the State of New Jersey; and WHEREAS, the goal of accommodating voters in pursuit of greater participation in the democratic process is a worthy goal; and WHEREAS, these bills would in reality increase workloads, add more costs to the election process, and ultimately serve to confuse voters more than it would accommodate their needs; and WHEREAS, these bills would require for each primary and general election a public facility, except a public school, located in each municipality in an area of a high concentration of population to be open

and available to registered voters starting 15 days before an election for early polling, possibly conflicting with if not pushing out other important uses for these buildings, causing inconvenience to residents; and WHEREAS, these bills require retraining of poll workers and dramatically increased hours, as well as chain of custody requirements to protect the voting process, despite the fact that recruiting and training polls workers is already a difficult process; and WHEREAS, these bills would increase costs to municipalities, including overtime pay for workers; and WHEREAS, although these bills allow municipalities to request reimbursement for

extra costs and provide an appropriation, the appropriation does not outline a specific amount nor dedicated funding, only that which the State Treasurer and the Director of the Division of Budget and Accounting deem necessary, and they do not outline the procedure for a municipality whose reimbursement request is denied; and WHEREAS, the opportunity for "Early Voting" already exists in the State of New Jersey through the Vote by Mail ballot process. NOW, THEREFORE, BE IT RESOLVED that governing body of the (insert name of municipality) in the County of (insert name of county) does hereby oppose S2364 and A3553; and

## Boat Beached at Second Street



PERTH AMBOY - A mail carrier approached Paul Wang as he was walking on Smith Street and said, "I know you work for the paper." There is a boat that is still beached on Second Street. It has been there since Superstorm Sandy hit. Hopefully the City might be able to find the owner. If anyone knows whose boat this is, please contact the Amboy Guardian.

\*Photo by Paul W. Wang



IF IT’S LOCAL  
IT’S *HERE!*



**EVERY Wednesday & Friday Night From 7:30 p.m. to 9:15 p.m.**  
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*Reminder  
Special  
Advertising  
Rates for  
Easter and  
Our 2<sup>nd</sup>  
Anniversary*

*Inspirations  
Art Show*

PERTH AMBOY - Art aficionados and community members looking to enjoy a fun night out in support of a great cause will want to attend Raritan Bay Medical Center Foundation’s 16th Annual Art Show “Inspirations: A Celebration of Art and Spring” Thursday, April 18, 6 to 8 p.m., at Raritan Bay Medical Center, 530 New Brunswick Ave, Perth Amboy, NJ. Photographic artist and advertising and marketing professional EJ Davis, of Chatham, NJ will be the distinguished honoree at the event.

This chic evening includes a wine tasting, passed hors d’oeuvres, unique art available for purchase, live music by the Victor Quezada Jazz Trio and more. Featured art includes; painting, photography, mixed media pieces, painted glassware, pottery, jewelry and scarves. Tickets cost \$50 per person and raffle tickets are available for \$10 each. To purchase event tickets, raffle tickets or an event sponsorship, contact the Foundation at 732-324-5374. Proceeds from the event benefit the Wilentz Patient Care Center at the medical center. Raffle winners need not be present to win.

Artists include: EJ Davis of Chatham, Amy Brooks of Metuchen, Connie Elek of Sewaren, Cabbar Komek of Perth Amboy, Jorge Lindo of Rahway, JoAnn Holmstrom-Boulton of Parlin, Michele Mastrangelo of Fords, Lauren McKenna of Old Bridge, Paul Moran of Woodbridge, Jodi-Ann Mullaney of Hightstown, Nick Palmieri, Denise Reisert of Aberdeen, Sand’s Stones, Susan Schaffer of Bethlehem, PA, Margaret Smolarski of Sayreville, Jennifer Suralik-Quintenz, Linda Vonderschmidt-LaStella of Metuchen, and Phyllis Wilkinson of Iselin.

Selected works by local student artists will also be showcased. The artwork will be on display at both the Old Bridge and Perth Amboy medical center locations until June.

### Meet ‘N Greet at The Barge Restaurant Perth Amboy - 3/14/13

*\*Photos by Paul W. Wang*



Milton Paris - keynote speaker



Business owners listen to the presentation



Mayor Wilda Diaz offers a few remarks



Enrique Hernandez from Petra Best Realty



C.P.A. Tom Ploskanka was one of the sponsors



## ADVERTISEMENT

**Attention Perth Amboy Homeowners:**

### **Tired of paying tax increases EVERY quarter?**

Think your Property Assessment is too high? Looking for a way to SAVE and get your taxes under control?

**Filing a PROPERTY TAX APPEAL may be the answer.**

- If you filed an appeal last year like MANY did and received a reduction, don't let that stop you from filing again. More savings can still be achieved in light of Perth Amboy's depressed housing market!
- If you received an arbitrary reduction as a result of the City's "Compliance Program," you may still be over assessed and paying too much. Last year, many petitioners received additional reductions despite the City's subjective, and ultimately inadequate compliance reductions.

**File a Tax Appeal.** Don't pay more than your fair share. Let J.B. Vas, Esq. help like he's helped over a hundred taxpayers. The Time is NOW!!

**Filing Deadline is April 1st, 2013.**

## ADVERTISEMENT



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Before making your choice of an attorney, you should give this matter careful thought. The selection of an attorney is an important decision. If this letter is inaccurate or misleading, you may report same to the Committee on Attorney Advertising, Hughes Justice Complex, CN 037, Trenton, New Jersey 08625

LOCAL PERSPECTIVE

EDITORIAL

Remembering Jack M. Dudas



Jack M. Dudas

I knew Jack for the past fifteen years. He was a very intelligent and thoughtful person. Paul asked Jack to be his best man in our wedding since Jack was such good friends with Paul's brother, Dale Morris who had suffered a heart attack in 2002. The paramedics brought him back, but Dale suffered global brain damage and is in a nursing home. Jack was happy to be our best man.

During the wedding Jack sat for hours devouring with the bridal group. There was a monsoon that day. Jack sat down and water dripped from the ceiling of the Armory onto Jack's head. Jack moved his seat. Like in a bad cartoon, the water then dripped on his head in his new seat, and it stopped dripping in his old seat!

I gave one dance to Jack at the wedding. He seemed a bit awkward dancing, but I think he enjoyed himself.

Jack loved Halloween and liked to sit at the Cottage handing out candy to trick or treaters. Jack, of course would eat too much of the candy himself, then get sick.

Jack loved history, especially the history of Perth Amboy. In 2007 when Paul and I were writing Then and Now: Perth Amboy, Jack loaned Paul his photos, many of which were used in the book.

Jack had written a brief history of Perth Amboy for the Tercentennial of the City. I had used it as one of my sources in Stories From Perth Amboy. Jack always made certain of



Jack M. Dudas and Paul Wang

detail and wanted everything to be perfect. I had asked him to help me with my book and he loaned me some books to help me with my research. He knew what books said what and which ones were the most accurate. He offered his insights on the earlier drafts. I gave the book to him to proof-read, but by then his health wasn't the same and he wasn't up to it.

Jack also loved the Civil War and loved to go to Gettysburg. He also loved World War II history.

Jack, Paul & I went to see the Mets with him in 2005. I don't remember if the Mets won or lost that game, but I do remember we had a great time.

Jack came to Paul's 50th birthday party in 2007, but left early due to the death of a relative. Jack was a pallbearer when Paul's sister, Faith's husband, Miguel died.

He was an active member of the Kearny Cottage Historical Society, but in the last few years his health prevented him from attending many of the events but he always held a special place in his heart for the Cottage.

Jack had a lot of health problems and his health got worse in the past two years. He spent a lot of time indoors reading and he didn't go out too much anymore.

For me, when Paul's sister, Angel unexpectedly died of an aneurism in 2010, it was a wake-up call that God can call you any time, any place at

any age. Now that Jack died, it was a wake-up call that when you argue with people, regardless of who is right or wrong, you should make your peace. Paul's disagreement with Jack over who should get credit for who put the roof on the Cottage was not only ridiculous and stupid, but now the point is moot and the argument is over. I never held any ill will toward Jack, no matter what he said. Rest in peace, Jack. *K.M.*

My memories of Jack goes back over 40+ years when Jack was friends with my brother, Dale. To me, Jack was a substitute for my brother, Dale who took ill. Jack and I had a lot in common: history, old horror movies, The Prisoner Series with Patrick McGeehan.

Back in '96 I remember meeting Jack out taking pictures of the Blizzard. I remember Jack's fondness for Halloween and the fall. He used to come out to the Cottage and hand out candy.

He is going to be greatly missed. As much differences we had recently I never truthfully stopped thinking of him as a friend and as a brother. The only problem I had is that his life was cut short too soon. He was the one who got me back into the Cottage. Jack had a tendency of recruiting people into organizations such as the Odd Fellows, Kearny Cottage, the Historical Commission, etc. In a very funny way, Jack could see potential in individuals that could be benefit to these organizations.

Recently Jack and I had disagreements. It was apparent in the paper. It was a personal disagreement. To me, it didn't take away the good Jack has done for the City. Like with any family members you have disagreements, then move on. Jack will always be a friend and family in my thoughts. *P.W.*

I first became familiar with Jack when I worked with Bill George at the Amboy Beacon.

THE COMMUNITY VOICE

The Effects of Gun Control

That letter of 3-6-13 had a number of misstatements that need correcting. The writer claimed to like visiting London, Limerick, and Tokyo but obviously doesn't want to live there. Actions speak louder than words. No mention of Rome, Paris, or Berlin? His blaming men for the world's problems shows an agenda.

The reason pilots are armed with a pistol on combat missions is to allow them to shoot into their fuel tank to destroy the aircraft if they are ever forced to land behind enemy lines.

That writer quoted Justice Holmes out of context. Did he get his information from a magazine or newspaper? You can yell "FIRE!" in a crowded theater if there is a fire. Even though it could start a panic

like the one that killed 400 people in Chicago when it was a false alarm. In modern times people can be trampled to death when a panic causes a stampede.

The US has never suffered from a military putsch like some countries that restrict personal ownership of firearms. Why didn't that writer mention countries that are south of the border? In America big cities with Gun Control are less safe than small rural towns where people own firearms. There are other factors.

Since the 1968 Gun Control Act the number of firearm deaths have escalated by 70%. Why ask for laws that don't work as claimed? Aren't Gun Control lobbyists either paid liars or fools? Your opinion may vary, but the facts are still true.

Ronald A. Sobieraj



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PUBLIC NOTICE

NJ TRANSIT will be conducting a public information session on Tuesday, March 26<sup>th</sup> 2013, from 4 to 7 PM, in the first floor meeting room at the Jankowski Community Center, located at 1 Oliver Street, Perth Amboy, NJ.

NJ TRANSIT staff will be on hand to provide an overview of the design plans for the Americans with Disabilities Act (ADA) accessibility improvements to the Perth Amboy Train Station.

Please join us to learn about the proposed improvements at your station.  
For further information, please contact:  
**TOM CLARK**  
Regional Manager  
Office of Government & Community Relations  
tclark@njtransit.com • 973-491-8080



Bill would sometimes call Jack when he needed some legal advice on a story he was researching. As a member of the Kearny Cottage I would also see Jack along with his mother at some of the Cottage events. He and his mother seemed to enjoy the annual Kearny Cottage Christmas Tea the most. Jack was also instrumental in getting repairs done and the

Simpson Methodist Church. The last phone conversation had with Jack, he was in a lot of pain. I told him I had something to tell him to make him very happy. The Barge finally reopened after Superstorm Sandy!" He was delighted and said, "I'm surprised that Alex didn't tell me!" Hopefully Jack was able to go to the Barge after it reopened. *C.M.*



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**Mayor Wilda Diaz and former  
mayoral candidates  
Frank Salado, Miguel Morales and  
Bob McCoy are joining together  
to move the Perth Amboy  
Democratic Party forward**

**Dear Fellow Democrats,**

This week, we joined together to unite the Perth Amboy Democratic Party. While we may have had different visions for the future of our city during last year's election, we share the common goal of a strong and vibrant Democratic Party here in Perth Amboy.

This June, voters and Democratic Committeemen and Committeewomen will have a chance to choose new leadership for our party. We are united in turning the page on the current leadership who has supported a Republican mayoral candidate and who now refuses to cooperate with our Democratic Party's leaders and rank and file Democrats across our great city.

Join us in moving our Democratic Party forward. Call us at (732) 442-3257 or visit our headquarters at 336A State Street to find out more.

Mayor Wilda Diaz  
Bob McCoy  
Miguel Morales  
Frank Salado

Paid for by United for Perth Amboy. Evelyn Anderson Treasurer.

***We Keep You  
Moving***

OLD BRIDGE - The Human Motion Institute at Raritan Bay Medical Center is sponsoring a free "We Keep You Moving" Total Joint Replacement Education session. Wednesday, April 3, 8 a.m. to 11 a.m., at the medical center's Old Bridge location 3 Hospital Plaza. Session will be presented by clinical specialists. Registration required, call 732-535-4746.

***Healthy Eating***

OLD BRIDGE - Raritan Bay Medical Center's Division of Integrative Medicine is sponsoring a free "Healthy Eating" nutrition series. Antioxidants for Good Health will be held Tuesday, April 2, 7 to 8 p.m., at the medical center's Old Bridge location, 3 Hospital Plaza. Come learn about how antioxidants can boost your immune system and keep you healthy all-year long. The event is presented by Kaitlyn McGowan, RD, from the Institute for Weight Loss at Raritan Bay Medical Center. Food samples will be provided. Cost is \$5 per person. For more information and to register, call 1.800.DOCTORS (1-800-362-8677), or email [integrativemedicine@rbmc.org](mailto:integrativemedicine@rbmc.org).

***Free Blood Pressure Screenings***

PERTH AMBOY - Raritan Bay Medical Center is offering free blood pressure screenings Wednesday, April 3, 9 a.m. to 11 a.m., at Raritan Bay Area YMCA, 357 New Brunswick Ave., Lower Level, Perth Amboy. High blood pressure is associated with stroke, heart failure, heart attack and other life threatening conditions. Take advantage of this free screening to know your pressure levels and basic steps to regulate and maintain healthy blood pressure levels.

***Childbirth  
Education Class***

PERTH AMBOY - Raritan Bay Medical Center is sponsoring a one day Childbirth Education class Saturday, April 13, 8 a.m. to 4 p.m. The class is designed to help expectant parents better understand the childbearing process. A registered nurse with special training in labor, delivery and childcare techniques will facilitate the class. It will be held at Raritan Bay Area YMCA, 357 New Brunswick Ave., Lower Level, Perth Amboy. The fee for the course is \$125 per couple. Registration required, call 1-800-DOCTORS (1-800-362-8677).

***Balance and  
Sleep***

WOODBIDGE - Raritan Bay Medical Center is sponsoring a free "Balance and Sleep" informational event Saturday, April 13, 1 p.m. to 5 p.m., at the Woodbridge Mall, 250 Woodbridge Center Drive, Woodbridge.

***Is Weight Loss  
Surgery Right  
For Me***

OLD BRIDGE - Raritan Bay Medical Center is sponsoring a seminar "Is Weight Loss Surgery Right For Me?" Monday, April 8, 7 to 8 p.m. at its Old Bridge location. The informative event will focus on weight loss surgery including discussion on Roux-En-Y Gastric Bypass, Adjustable Gastric Banding, and Gastric Sleeve; Dr. Seun Sowemimo will lead discussions on the concerns surrounding weight loss surgery as well as its successes. Family and friends are welcome. The meeting will be held in Auxiliary Hall B & C located on the lower level of the Medical Arts Building, adjacent to RBMC Old Bridge on Ferry Rd. between Routes 9 & 18. For more information, call 1-855-TIME-4-ME (1-855-846-3463).

***Wellness  
Through Tai  
Chi/Qigong***

OLD BRIDGE - Raritan Bay Medical Center's Division of Integrative Medicine is offering a Wellness Through Tai Chi/Qigong class Mondays, April 15 through April 29 and May 6 through 27, 7 to 8:15 p.m., at the hospital's Old Bridge location, Auxiliary Hall B & C located on the lower level of the Medical Arts Building, adjacent to RBMC Old Bridge on Ferry Rd. between Routes 9 & 18. Tai Chi and Qigong (energy work) emphasizes a calm mind and relaxed body, deep breathing with slow, even movements, correct posture and body alignment and stability, balance and coordination. Presented by Tai Chi/Qigong Practitioner Rich Lund, MS. Cost is \$40 for the five week program. For more information and to register, call 1-800-DOCTORS (1-800-362-8677), or email [integrativemedicine@rbmc.org](mailto:integrativemedicine@rbmc.org).

***Ads Sell  
Call Carolyn  
732-896-4446***

***Cardiac Club***

PERTH AMBOY...Raritan Bay Medical Center's Cardiac Club will meet Monday, April 15, 7 to 8:30 p.m., at the hospital's Perth Amboy location, 530 New Brunswick Ave. Cardiac Club meetings are held in the hospital's Centennial Hall and explore heart conditions and healthy living. Refreshments will be served. For more information, call 732-324-5178.

***Tour of The  
Berkow  
Maternity  
Pavilion***

PERTH AMBOY - Raritan Bay Medical Center's monthly tour of The Berkow Maternity Pavilion and family health information open house will be held Wednesday, April 10, at 5, 6 or 7 p.m. Newly expectant parents can tour the pavilion and learn valuable information about child car seat safety and infant CPR and receive a list of local pediatricians. Participants are asked to meet in the main lobby of the hospital's Perth Amboy location, 530 New Brunswick Ave. Registration required, call 1.800-DOCTORS (1.800.362.8677).



*Ads Sell*  
*Call Carolyn*  
*732-896-4446*

## Reviving the Raritan Part Two

PERTH AMBOY - Last year, we presented the documentary Rescuing the River. This year, come see the new movie by Rutgers: “Re-Imagining Our Watershed: Renaissance on the Raritan,” Wednesday, March 27- Doors open 6:30 p.m. Film 7 p.m. to 8 p.m. at Raritan Bay Area YMCA, 357 New Brunswick Ave., Perth Amboy. - Free with Introduction by Dr. Judy Shaw, Director, Raritan River Initiative and John Jengo, Principal Hydrologist. RSVP [tracyjord@gmail.com](mailto:tracyjord@gmail.com). Learn more at <http://blueraritan.org/campaigns/>

## Sumo Wrestling Fundraiser

SOUTH AMBOY - South Amboy Elks Lodge #784 is hosting a ‘Sumo Wrestling’ Fundraiser on Saturday, March 23rd from 7 PM – 11 PM at the lodge located at 601 Washington Avenue, South Amboy. Cost is \$5 admission which includes a hot dog bar with all the fixings; \$10 to wrestle; \$5 for additional matches. Proceeds from this fundraiser will be used to sponsor local students to attend the New Jersey State Elks Peer Leadership Conference which is held at the Ocean Place Resort in Long Branch, NJ. The NJ Elks Peer Leadership Conference is open to all New Jersey students who are in grades 9 through 12 and are proud to be alcohol, tobacco and drug free. The purpose of the conference is to increase participants’ ability to make healthy decisions for themselves and others around them, specifically related to drugs and alcohol; to increase leadership abilities to effectively create positive change in their schools and communities; to provide tools and resources to implement action plans in their communities; and to create a network of peer leaders with the ability to educate their groups, schools, and communities on the skills presented at the conference. The conference includes key-note addresses, interactive workshops and fun events for the students. For additional information on the Sumo Wrestling Fundraiser, please call the South Amboy Lodge at 732-727-7170 and leave a message for Jeanine.

## Raising of the Irish Flag Perth Amboy - 3/17/13

*\*Photos by Aaron Beers*



Mayor Diaz with a proclamation



Senator Joe Vitale and Asm. Craig Coughlin



Asm. Craig Coughlin



Raising the Irish Flag



The flags

## Perth Amboy Dedicates New Fire Truck

*\*Photos by Joe Bayona*



2013 Pierce Arrow XT Custom Pumper



Chief Volk speaks about new pumper



Father Ryan Fire Dept. Chaplain blesses new truck



Mayor Diaz prepares to cut ribbon with assistance of future fire-fighters



Mayor Wilda Diaz addresses crowd





## Where to Find Us . . .

### IN CLIFFWOOD:

A&P FOOD MARKET ..... 325 ROUTE 35

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PUBLIC LIBRARY.....211 FORD AVE.  
ROOSEVELT'S DELI .....684 KING GEORGE'S RD.  
SUPER DUPER DELI III ..... 650 KING GEORGE'S RD.

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SOVEREIGN BANK ..... 571 FLORIDA GROVE RD.

### IN ISELIN

THOMAS PLOSKONKA C.P.A. ....1149 GREEN ST.

### IN LAURENCE HARBOR:

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KRAUSZER'S.....9 LAURENCE PKWY.

### IN MORGAN:

SOUTHPINE LIQUORS .....467 S. PINE AVE.

### IN PARLIN:

DAD'S ROYAL BAKERY.....3290 WASHINGTON RD.

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ADULT CONTINUING EDUCATION CENTER ..... 178 BARRACKS ST.  
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AMBOY EYE CAR .....94 SMITH ST.  
ANITA'S CORNER .....664 BRACE AVE.  
THE BARGE .....201 FRONT ST.  
C-TOWN .....272 MAPLE ST.  
CAPITAL ONE BANK .....313 STATE ST.  
CEDENO'S PHARMACY .....400 STATE ST.  
CITY HALL .....260 HIGH ST.  
COPA DE ORO .....306 SMITH ST.  
CRISPY CHICKEN .....223 NEW BRUNSWICK AVE.  
EASTSIDE DRY CLEANERS .....87 SMITH ST.  
ELIZABETH CORNER .....175 HALL AVE.  
FLOWERS 'N THINGS .....69 SMITH ST.  
FU LIN .....79 SMITH ST.  
INVESTOR'S BANK .....598 STATE ST.  
JANKOWSKI COMMUNITY CENTER .....1 OLIVE ST.  
JEWISH RENAISSANCE MEDICAL CENTER .....272A HOBART ST.  
KIM'S DRY CLEANERS .....73 SMITH ST.  
LAUNDRY FACTORY .....162 NEW BRUNSWICK AVE.  
LAUNDRY ON MADISON .....285 MADISON AVE.  
LAW OFFICES .....708 CARSON AVE.  
LEE'S MARKET .....77 SMITH ST.  
LUDWIG'S PHARMACY .....75 BRACE AVE.  
LUIGI'S RISTORANTE .....93 SMITH ST.  
MITRUSKA CHIROPRACTIC .....788 CONVERY BLVD.  
PETRA BEST REALTY.....329 SMITH ST.  
PIZZARELI. PIZZA .....232 NEW BRUNSWICK AVE.  
POLICE HEADQUARTERS .....365 NEW BRUNSWICK AVE.  
PORTUGUESE MANOR .....310 ELM ST.  
PROVIDENT BANK .....339 STATE ST.  
PUBLIC LIBRARY .....196 JEFFERSON ST.  
PUERTO RICAN ASSOCIATION .....100 FIRST ST.  
RARITAN BAY AREA Y.M.C.A. ....365 NEW BRUNSWICK AVE.  
RARITAN BAY MEDICAL CENTER .....530 NEW BRUNSWICK AVE.  
SALVATION ARMY .....STATE & WASHINGTON ST.  
SANTIBANA TRAVEL .....362 STATE ST.  
7-ELEVEN .....553 SAYRE AVE.  
SHOP-RITE .....365 CONVERY BLVD.  
SIPOS BAKERY .....365 SMITH ST.  
SOVEREIGN BANK .....365 CONVERY BLVD.  
SUPERIOR DINER.....464 SMITH ST.  
SUPREMO SUPERMARKET .....270 KING ST.  
TOWN DRUGS & SURGICAL .....238 SMITH ST.  
UNITECH AUTOBODY .....284 BERTRAND AVE.  
VIDA CHURCH .....189 FAYETTE ST.  
WELLS FARGO .....214 SMITH ST.  
YO DELIGHT .....456B SMITH ST.

### IN SAYREVILLE:

BOROUGH HALL .....167 MAIN ST.  
CHINESE DELITE .....59 MAIN ST.  
SENIOR CENTER .....423 MAIN ST.  
SUNNYSIDE RESTAURANT .....111 MAIN ST.  
VENICE PIZZERIA .....881 MAIN ST.

### IN SEWAREN:

MOBY DICK'S .....351 WEST AVE.  
PUBLIC LIBRARY .....546 WEST AVE.  
SEWAREN CORNER DELI .....514 WEST AVE.

### IN SOUTH AMBOY:

AMBOY NATIONAL BANK .....100 N. BROADWAY  
BROADWAY BAGELS .....105 S. BROADWAY  
BROADWAY BISTRO .....126 N. BROADWAY  
CENTER DELI .....250 N. STEVENS AVE.  
CITY HALL .....140 N. BROADWAY  
COLLEEN'S KITCHEN .....132 S. PINE ST.  
COMMUNITY CENTER .....200 O'LEARY BLVD.  
KRAUSZER'S .....200 N. BROADWAY  
KRAUSZER'S .....717 BORDENTOWN AVE.  
PUBLIC LIBRARY .....100 HOFFMAN PLAZA  
SCIORTINO'S HARBOR LIGHTS 132 .....S. BROADWAY  
SOUTH AMBOY MEDICAL CENTER .....540 BORDENTOWN AVE.  
WELLS FARGO BANK .....116 N. BROADWAY

### IN WOODBRIDGE:

CHAMBER OF COMMERCE .....91 MAIN ST.  
MAIN ST. FARM .....107 MAIN ST.  
NEWS & TREATS .....99 MAIN ST.  
114 MAIN BAGELS .....114 MAIN ST.  
REO DINER .....392 AMBOY AVE.  
ST. JOSEPH'S SENIORS RESIDENCE .....1 ST. JOSEPH'S TERR.  
WOODBIDGE VETERINARY GROUP .....424 AMBOY AVE.

## Women's Bible Study Group

PERTH AMBOY - New Christian women's bible study group in private home weekly on Tuesdays from 11:30 am to 12:30 p.m. Interested in joining, email churchinvitation@gmail.com

## Volunteer Firefighters Needed

PERTH AMBOY - The Perth Amboy Fire Department: Volunteer Division needs members. Accepting men and women ages 18 years or older. Volunteers must be a Perth Amboy resident. For more information please contact 732-442-3430.

## HIV Support

PERTH AMBOY — Raritan Bay Medical Center is sponsoring an HIV support group meeting on Monday's at 6 p.m. Anyone diagnosed with or caring for someone infected with HIV is welcome to attend. Meetings are held at the hospital's Perth Amboy Division, New Brunswick Avenue.

To register or for more information, call (732) 324-5022.

## Monthly Book Club

SEWAREN - There will be a monthly book club at the Sewaren Library, 546 West Ave, Sewaren. For more info call 732-634-7571 or email sewarenlibrary@gmail.com. We are looking for adults to join a book club starting in November. Please fill out the attached form if you are interested in joining us. Day and time will be determined by interest. The first Book will be Defending Jacob by William Landay.

## Kearny Cottage Open

PERTH AMBOY - Come visit the historic home of Commodore Lawrence Kearny. The Cottage is located at 63 Catalpa Ave, Perth Amboy, and is open on Mondays and Thursdays from 2 p.m. - 4 p.m. and the last Sunday of the month from 2 p.m. - 4 p.m. The Kearny Cottage needs your help. Anyone interested in joining the Kearny Cottage Historical Society please contact 732-293-1090. We are on the web! www.KearnyCottage.org

## Community Calendar

### Perth Amboy

MON. Mar. 25 City Council, Caucus, 4:30 p.m.  
City Hall, High St.  
TUES. Mar. 26 Board of Education, 6 p.m.  
PAHS, Eagle Ave.  
WED. Mar. 27 City Council, Regular, 7 p.m.  
City Hall, High St.  
THURS. Mar. 28 Historic Preservation Commission, 7 p.m.  
City Hall, High St.

### South Amboy

WED. Mar. 20 City Council, Regular, 7 p.m.  
City Hall, N. Broadway

**STAY  
INFORMED!  
ATTEND  
PUBLIC  
MEETINGS  
ALL ARE WELCOME!**

## WE ARE OPEN!

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On The Waterfront In  
Historical Perth Amboy  
**EARLY BIRD SPECIALS**

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Sunday 12:00 noon to 4:30PM

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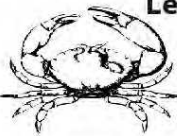
Meetings, christenings,

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We accommodate up to 100 people.

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**EVERY DAY IN March  
NOT VALID ON HOLIDAYS**



**Buy 1 Dinner & Get  
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**\*Equal or less value, with this ad. Discount up to \$10.**

**Cannot be combined with any other offer.**

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**The Barge**

**732-442-3000 / 201 Front Street, Perth Amboy**

**VISIT OUR WEBSITE: www.thebarge.com**

**www.amboyguardian.com**



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- BEAUTIFUL UPSTAIRS BANQUET FACILITIES
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- Among the buffet features
- Chicken in Garlic • Stuffed Salmon •
- Veal Scallopini with Fresh Mushrooms in Port Wine Sauce •
- Codfish • Lamb Steak •
- Roast Pork Loin • Roast Suckling Pig • Many varieties of Seafood Dishes
- An Array of Cold Salads and Much More
- Enjoy Selections From our Dinner Menu in The Main Dining Room
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- Not Including Other Beverages
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848-203-2338

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**Easter Festival**

WOODBIDGE - Get ready for a fun-filled Easter Celebration Saturday, March 30 at Parker Press Park, 400 Rahway Ave., Woodbridge. Egg Hunt 10 a.m. to 12 p.m. Easter Parade & Pictures with the Easter Bunny from 2 p.m. to 4 p.m. Wear your pretty Bonnet, dress up in your Fancy Clothes and join us at the Park. Prizes will be given. Pictures sponsored by Walgreens. We hope to see you there. For more info call the Woodbridge Recreation Dept. at 732-596-4048. For weather updates call 732-602-6045.

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Wishing you a Happy Easter





# Happy Easter!

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## Holy Week and Easter Services at Cathedral International

press release  
PERTH AMBOY – Everyone  
is welcome to attend these  
services held at Cathedral In-  
ternational, 277 Madison Ave.,  
Perth Amboy, NJ.  
**Palm Sunday** – March 24  
8:30 a.m. and 11 a.m., Wor-  
ship Services. Palms will be  
distributed at every service.  
Holy Wednesday, March 27  
7 p.m., Evening of the Arts &  
Sunday School Easter Pageant  
Maundy Thursday, March 28  
7 p.m., Last Supper and Wash-  
ing of feet

**Good Friday**, March 29  
6 p.m., Stations of the Cross,  
Baptism and 7 pm, Seven Last  
Sayings of Christ  
**Easter Sunday**, March 31  
6:00 a.m. Sunrise Service -  
Bagels and coffee fellowship  
following this service.  
8:30 a.m., 11 a.m., and 1:00  
p.m., Worship Services  
Additional information is  
available by calling 732.826-  
5293 or visiting the web at  
www.cathedralinternational.  
org.

## Easter Bazaar

SOUTH RIVER - Sts. Pe-  
ter & Paul Russian Orthodox  
Church, 76 Whitehead Ave.,  
South River, will host an Easter  
Bazaar from 10 a.m. to 3 p.m.  
on Saturday, March 23 in the  
church hall behind the church.  
The event will feature babkas,  
baked goods, crafts, gift bas-  
kets, imported sale items, reli-  
gious articles & church tours.  
Admission is FREE! Visit  
our website for directions at:  
www.saintspeterandpaul.org

## Spring Bazaar Extravaganza

ISELIN - You're Invited! to  
the CEPCA Women's Minis-  
try Place: American Legion,  
Post Inn, 25 Brown Avenue  
(off US Rt.1 & Green St.),  
Iselin. Date: Saturday, March  
23. Time: 10 a.m. to 5 p.m.  
Admission is free. Bring your  
wallets and shopping bags  
to fill up with great items at  
reasonable prices!!!! Vendors  
contact: Cassandra @ ckeye-  
suplift@gmail.com or Brenda  
@ beegumbs@yahoo.com.  
For additional information call  
Mother Barbara Brown 732-  
381-1032



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**Phone: 732-442-5111  
www.fajjisicecream.com**



## Soup Kitchen & Clothing Giveaway

PERTH AMBOY: Soup Kitchen at the Faith Community Worship Center, 310 Sutton St., Perth Amboy. March 27, April 24, May 29 and June 26 from 6 p.m. to 8 p.m. For more info call 732-376-1711.

## Tool Time

WOODBIDGE - Tooling Around the Township is a program that organizes teams of local community volunteers to fix up residences of senior citizens and disabled residents unable to afford home repairs. You and your organization or business can be an important part of this annual 1-day community effort by volunteering a few hours of labor donating supplies. We need: volunteers, both skilled and unskilled in home repair, donations of materials, especially paint, paint brushes, smoke alarms & roofing material. To volunteer, donate or be a Business Sponsors - call Kelly Reidy at 732-634-6494 or email tooling@twp.woodbridge.nj.us. to learn how you can support this project with dollars, in-kind donations and employee volunteers & contributions. This year's Tooling Around the Township date Saturday, April 27, 2013.

## Tot Time & Storytime

SOUTH AMBOY - There will be Tot Time - (Ages 0-2) on Wednesdays at 2 p.m to 2:30 p.m. and Storytime (Ages 3-5) on Wednesdays at 3:30 p.m. to 4 p.m. at the Sadie Pope Dowdell Library, 100 Harold G. Hoffman Plaza South Amboy. For more info call 732-721-6060.

## Public Service Announcement

PERTH AMBOY - The City has recently experienced a rash of burglaries, 13 of which occurred during the daytime. One of the tactics being used is where the suspect rings or knocks on the front door and if it is answered by the home owner the suspect will ask random questions in an attempt to divert the owner's attention so that the burglary can be committed.

We are requesting that any citizens that notice strangers around their homes, their neighbors' homes, or their area to please call the police so we may follow up.

The department is addressing this matter and is requesting your assistance.

Contact Information:

Lt Phil Terranova, Support Services, 732-442-4400, pteranova@perthamboynjpd.org

**Ads Sell  
Call Carolyn  
732-896-4446**

## Atlantic City Bus Trip

PERTH AMBOY - Atlantic City Bus Trip Sponsored by PARO on Sunday, April 14. Departure 9 a.m. sharp at Middlesex Co. VoTech, Corner of Washington & High St. \$32 per person (21 & over) Bring ID. \$20 Voucher from Bally's. Free snacks, drink and entertainment. Come join us for fun and surprises. For more info call 732-347-4001 or 732-904-6844

## Veterans Information and Referral Service

PERTH AMBOY - The City of Perth Amboy Department of Human Services Office on Aging invite you to join us for a special Veterans Information and Referral Service on Thursday, April 4 from 10:30 a.m. to 12:30 p.m. at the Alexander F. Jankowski Center, 1 Olive Street, Perth Amboy. As a veteran, or family member of a veteran, you should know what benefits and services are available to you. To stay up to date, you are encouraged to attend this special program sponsored by the Perth Amboy Office and Aging, The Middlesex County Veterans Services, VA Health Center, and the NJ State Veterans Services Office. For additional information or to register in advance, please contact, 732-826-1690, Ext. 4307.

## Kidz Wii Club

SOUTH AMBOY - The Kidz Wii Club will meet every Friday from 3 p.m. to 4:30 p.m. at the Sadie Pope Dowdell Library, 100 Harold G. Hoffman Plaza, South Amboy. For more info call 732-721-6060.

## Delivering for America Rally

PERTH AMBOY - Make your voice heard! The Delivering for America Rally to preserve six day delivery. Tell Congress to stop dismantling the Postal Service so it can keep delivering for America. 1p.m. to 4 p.m., Sunday, March 24th at the Perth Amboy Post Office, 205 Jefferson Street, Perth Amboy, NJ 08861. Parking at the Train Station on Smith Street. Questions: Please contact your rally lead, Ray Winegrad, at (732) 620-5682

## Little Lisie Strawhand Benefit Party

SOUTH AMBOY - South Amboy Elks Lodge #784 Motorcycle Committee is proud to announce the 'Little Lisie Strawhand Benefit Party', which will be held on Friday, May 3rd, from 7:00 P.M. - 12:00 A.M. at the lodge located at 601 Washington Avenue, South Amboy. All net proceeds from this event will help with mounting medical costs for 5 year old Alise Strawhand who at 17 months old fell into a shallow goldfish pond and nearly drowned. Cost is \$20 per person and includes food, drinks, live entertainment and more.

**Send Your Events to  
Carolyn at Crlynmxwll@aol.com and  
to Katherine at KMass514@gmail.com**

## March 23rd Family Concert at Dowdell Library

SOUTH AMBOY - Don't miss the upcoming City Winds Trio family concert at the Dowdell Library of South Amboy on Saturday, March 23 at 1 pm. Admission is free and seating is limited, so get there early!

This program or service is funded in part by Middlesex County Board of Chosen Freeholders, Middlesex County Cultural and Heritage Commission with assistance

thru a grant provided by New Jersey State Council on the Arts/Dept. of State.

The Dowdell Library of South Amboy is located on O'Leary Boulevard, adjacent to the South Amboy High School. For additional information or directions please contact the library at 732-721-6060 or comments@dowdell.org.

## Day of action on March 24

PERTH AMBOY - NALC will hold a day of action on Sunday, March 24, to mobilize public support for Saturday delivery service. The timing will allow us the perfect opportunity to remind our representatives in Washington to maintain the six-day mail delivery language in the continuing budget resolution, expected to be renewed by Congress on March 27. "We want to make this fight about the cost of losing Saturday mail delivery and how it would affect people in each and every state," NALC President Fredric Rolando said. Letter carriers are encouraged to gather friends, family, co-workers and community coalition partners at specified post offices in major media centers with signage and T-shirts that reflect the feel-

ings of the citizenry, such as "Virginians for Saturday delivery" or "The people of New Jersey want 6-day delivery." Carriers should not wear their uniforms.

The Perth Amboy Rally will be the only Rally in N.J. As stated in the above announcement this Rally is not about the NALC but how the elimination of Saturday delivery would affect the communities and businesses in the State.

We will have T-shirts at the Rally to hand out as stated in the above announcement. We hope to have public figures, community groups, other Unions and business people from all over the State of N.J. to speak in support of our stance against the elimination of Saturday delivery and join in the Rally.

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## Neighborhood Business Meeting

PERTH AMBOY - Wednesday, March 27 at 12 noon. at Nick Lugo Travel, 259 Beltran Ave., Perth Amboy. Come join Mayor Diaz with a one-on-one dialogue with business owners. Topics for discussion are: Security, Recycling, Outdoor Dining and Economic Development Updates. For more info call Roxana at 732-442-6421. Sponsored by the UEZ/BID and City of Perth Amboy.

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## Friends of the Perth Amboy Free Public

### Library Meeting

PERTH AMBOY - The Friends of the Perth Amboy Free Public Library will be meeting on Wednesday, April 3 at 7 p.m. at the Kearny Cottage, 63 Catalpa Ave., Perth Amboy. Discussed will be library renovations, plans for a new website and future plans for the library. Everyone is welcome to attend. For more info call 732-293-1090.

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**March 18-24, 2013**

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732.442.3632 [www.rbaymca.org](http://www.rbaymca.org)







### ***Historic Perth Amboy Calendars For Sale***

PERTH AMBOY - The Friends of Perth Amboy Free Public Library and The Kearny Cottage Historical Society have teamed up to create Historical Calendars with never before seen photos of Historic Perth Amboy. Calendars are \$10 each and are available at the Raritan Bay Coffee Company at the Historic Train Station, Perth Amboy City Hall, High Street, Fertigs Dept. Store, 195 New Brunswick Ave, and the Reo Diner, Woodbridge. For more info call 732-293-1090.

***www.amboyguardian.com***

***For business owners in New Jersey who are struggling to deal with losses incurred during or after Hurricane Sandy, there may be additional assistance available.***

NEW JERSEY - Need tax relief? The IRS has approved certain tax relief measures for Hurricane Sandy, which allow for expedited refunds or delayed tax filings. Visit [www.irs.gov/uac/Tax-Relief-in-Disaster-Situations](http://www.irs.gov/uac/Tax-Relief-in-Disaster-Situations) or for more info.

Have physical losses? The Small Business Administration provides low-interest loans to business owners to help repair and replace property and equipment that may have been destroyed during the storm. The deadline for this type of loan is April 1, 2013. See [sba.gov](http://sba.gov) for more information. To apply online visit, [disasterloan.sba.gov/ela](http://disasterloan.sba.gov/ela).

Sustained economic injury? The SBA's economic injury disaster loans can help small businesses, small agricultural cooperatives, small businesses engaged in aquaculture and most private, nonprofit organizations of any size to meet financial obligations. These commitments may include fixed debts, payroll and accounts payable, as well as operating expenses that could have been paid if the disaster had not occurred. See [www.sba.gov/content/economic-injury-disaster-loans](http://www.sba.gov/content/economic-injury-disaster-loans) for more information. The deadline for this type of loan is July 31, 2013.

Losses to your farm? The

Farm Services Agency offers a number of loans and grants to help producers recover from production and physical losses that resulted from the hurricane. For more information, see [www.fsa.usda.gov/FSA/webapp?area=home&subject=diap&topic=landing](http://www.fsa.usda.gov/FSA/webapp?area=home&subject=diap&topic=landing).

Need a road map for disaster help? The New Jersey Business Action Center's "One Stop Shop" serves as an information clearinghouse for Hurricane Sandy business recovery assistance. The storm call center number is 866-534-7789. Visit [www.state.nj.us/njbusiness/](http://www.state.nj.us/njbusiness/) for help.

Need an economic boost? The New Jersey Economic Development Authority can provide disaster survivors with access to capital, including tax-exempt and taxable bond financing, loans, loan guarantees and tax incentives. For more information, visit [www.njeda.com](http://www.njeda.com).

Need to hire and train someone? The New Jersey Department of Labor and Workforce Development can help. Be sure to check the availability of grants to train and hire certain workers under the Recovery4Jersey, Skills4Jersey and Opportunity4Jersey programs. Learn more at [lwd.dol.state.nj.us/labor/lwdhome/press/2012/20121211\\_three-prongrecoveryplan.html](http://lwd.dol.state.nj.us/labor/lwdhome/press/2012/20121211_three-prongrecoveryplan.html)

## **Consider Your Sleeping Habits During Daylight Savings Time**

By: David Goldstein, MD  
PERTH AMBOY - We all lost an hour of sleep when daylight savings time began March 10; making it a good time to think about our sleeping habits. Just like any traits you are born with, the amount of sleep needed to optimally function may be different for you than for someone of the same age and gender. But, studies suggest that healthy adults have a sleep need of seven to eight hours every night, even more for adolescents – at least nine hours every night.

Sleeping too little can not only inhibit your productivity and ability to remember and consolidate information, but also can also lead to serious health consequences and jeopardize your safety and the safety of those around you. In fact, short sleep duration is linked with increased risk of car accidents and greater likelihood of obesity, diabetes and heart disease. Psychiatric conditions including depression and substance abuse have also been linked to lack of sleep.

Recent studies have pointed to regular exercise to improve the amount of healthy sleep you get each night. Vigorous exercise is best, but even light exercise is better than no activity. Be sure to avoid exercise within 3 to 4 hours of bedtime, since this may disrupt sleep and check with your health-care provider first to see if you are healthy enough for exercise. The following tips can also improve sleep:

- Create an environment that is conducive to sleep that is quiet, dark and cool with a comfortable mattress and pillows.
- Practice a relaxing bedtime ritual, like a warm bath or listening to calming music.
- Go to sleep and wake at the same time every day, and avoid spending more time in bed than needed.
- Use bright light to help manage your "body clock." Avoid bright light in the evening and expose yourself to sunlight in the morning.
- Use your bedroom only for sleep to strengthen the association between your bed and sleep. It may help to re-

move work materials, computers and televisions from your bedroom.

• Save your worries for the daytime. If concerns come to mind, write them in a "worry book" so you can address those issues the next day.

• If you can't sleep, go into another room and do something relaxing until you feel tired.

However, if you are experiencing excessive daytime sleepiness, snoring or "stop breathing" episodes in your sleep, contact your health-care provider for a sleep apnea screening.

*Dr. Goldstein is medical director of the Center for Sleep Medicine at Raritan Bay Medical Center's Old Bridge location. The state-of-the-art diagnostic Center provides the highest quality care for adults and children under the direction of board-certified sleep physicians. To schedule a consultation, call 732-360-4255, or take the sleep quiz at [www.rbmc-sleepcenter.org](http://www.rbmc-sleepcenter.org) to see if you could benefit from a sleep study.*

### ***Two Weeks Left To Register For Federal Disaster Assistance***

TRENTON - Hurricane Sandy survivors who had storm-related damages in New Jersey have just two weeks left to register with the Federal Emergency Management Agency. Federal disaster assistance applications are due by Monday, April 1.

April 1 is also the deadline to return applications to the U.S. Small Business Administration for low-interest disaster loans, which is the primary source of federal funds for long-term rebuilding. Survivors can apply for an SBA disaster home or business loans by filling out an online application at [DisasterLoan.SBA.gov/ela](http://DisasterLoan.SBA.gov/ela).

Survivors who applied for federal disaster assistance are urged to stay in touch with FEMA and SBA. Applicants should notify FEMA and SBA of changes to their mailing addresses, phone numbers or email addresses.

Survivors can register online and check on the status of their applications at [DisasterAssistance.gov](http://DisasterAssistance.gov), via smartphone or tablet at [m.fema.gov](http://m.fema.gov). They also can call 800-621-3362

or TTY 800-462-7585. Those who use 711-Relay or Video Relay Services can call 800-621-3362. Recovery assistants remain available daily from 7 a.m. to 10 p.m.

There are nine disaster recovery centers open in Atlantic, Cape May, Hudson, Monmouth and Ocean counties. FEMA staff is available at the centers to provide clarification to letters, assist survivors with finding a temporary home if their primary residence was damaged or destroyed, check on the status of applications for assistance or refer survivors to other agencies that may provide additional help. Survivors can locate their nearest center by going to [FEMA.gov/DRC](http://FEMA.gov/DRC).

Survivors can ask questions about their SBA disaster home or business loan applications by calling 800-659-2955 or TTY 800-877-8339 or emailing [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov).

Additional resources are available online at [FEMA.gov/SandyNJ](http://FEMA.gov/SandyNJ) and [SBA.gov/Sandy](http://SBA.gov/Sandy).

### ***Civil War Roundtable***

PERTH AMBOY - The next meeting of The Robert E. Lee Civil War Round Table will be on Monday, April 1st at the Woodbridge Public Library at 7:00 p.m. The guest speaker will be Bruce Tucker and his topic will be 'David Farragut' Admission is free and all are welcome. Bring a friend. After seeing what our organization is all about consider becoming a member. See you there!

### ***Art Reception***

PERTH AMBOY - The Personalized Learning Academy is pleased to present the Students Art Club Showcase taking place from March 20 to April 12, at 1st Constitution Bank. Following students are participating in the exhibition: Daniel Santana, Zuleyma Palacios, Jenesi Sime, Miguel del Valle, Alejandro Bermudez, Sherlyn Marte, Lesly Jimenez, Marbella Franco, Owen James and Kevin Rosa, . The opening reception is scheduled for Wednesday March 27th , 5 p.m. at 1st Constitution Bank, located at 145 Fayette Street in Perth Amboy. For more information contact art teacher Olga Bautista at 732-376-6240

**We are on the web!!!!**  
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**Knitting Circle**  
SOUTH AMBOY - There will be a Knitting Circle on the first and third Tuesday each month at 6 p.m. at the Dowdell Library, 100 Harold G. Hoffman Plaza, South Amboy. For more info call 732-72 1-6060.

**Fashion Show**  
PERTH AMBOY - Historic St. Peter's Episcopal Church is hosting their 8th annual "Fashions By the Bay" Fashion Show to be held on Thursday, May 16 at the Raritan Yacht Club. Tickets are \$40 (includes dinner.) Advance ticket sales only. For reservations and tickets call Ann at 732-442-8875.

**Open House**  
PERTH AMBOY - Open House for Royal Garden Club in April! New Date: Wed. April 3 at 7:30 p.m. ,St. Peter's Rectory,188 Rector St. Perth Amboy. Come meet us and learn about our activities. No gardening experience necessary - we welcome all.

**Tricky Tray**  
PERTH AMBOY - The Women of the Moose Lodge Chapter 1247 on Convery Blvd. will be having a Tricky Tray on Sunday, March 24 at 12 noon. Tickets are \$5 in advance and \$7 at the door. For more info call Michelle at 732-921-7830.

**Simply Diamond Dance**  
PORT READING - There will be a Neil Diamond Tribute on Saturday, April 27 at St. Anthony of Padua Church, 436 Port Reading Avenue, Port Reading. Price is \$45per person, includes: show, dancing, hot buffet, dessert, coffee & tea. Doors open 6 p.m. Show starts 8 p.m. Limited seating. Call for tickets: Carol H 732-969-2453, Nora 732-636-2384, Carol F 732-969-1565, Donna 609-655-0939

**Picnic Park Rental Requests**  
SAYREVILLE - Beginning January 2, 2013 requests will be accepted at the Recreation Office for picnic park rentals at Burkes, Jackson & Bailey Parks. The office is open Monday thru Friday from 8:30 p.m. to 3:45 p.m. More info at www.sayreville.com. Picnics are on a first come, first served basis and take about 4 weeks to get approvals. Please submit all paperwork to the Recreation Office on time. Picnics are rain or shine - no rain dates. Picnic grounds are available from April to September.

**Cake Sale**  
WOODBIDGE - Woodbridge Calvin Hungarian Reformed church, School Street will be having a cake sale. Nut, poppy, and prune rolls @ \$15 ea. Order by Saturday, Mar. 10 & pick up is Friday, Mar. 22 between 12 noon and 5.00 p.m. For more info Call Flo at 732-636-2868.

**Free Training**  
EDISON - You may qualify for FREE TRAINING. Includes FREE Public Transportation, Books, Childcare, Uniforms (Scrubs) and Medical Kit. Programs throughout the year. Phlebotomy Technician, EKG Technician, Medical Assistant, Pharmacy Technician, Computerized Medical Office Program. Success starts here. For more info call 732-906-7735 or email NNJHPC@middlesexcc.edu

**Tricky Tray**  
SOUTH AMBOY - Sacred Heart School in South Amboy is holding their 14th annual Tricky Tray on Friday, April 19th at Sacred Heart Memorial Hall. The hall is located on Washington Ave. across the street from the church. This year's theme is "Walk the Red Carpet". Doors open at 6pm and the first ticket will be drawn at 7:30 p.m. Tickets are now on sale for \$15. Please call Judy McCrone at 732-721-6592 to purchase. All seats are reserved. This year's prizes include, 7 "Tablet, Blu-Ray player, digital camera, 2 person boat, gift cards for area businesses, day trips, & Disney Hopper Passes as well as numerous other gifts. Cake and coffee will be served. The event will sell out so don't delay!

Senior Scene	
Happenings	
Perth Amboy	
WED. Mar. 20	Simpson Seniors, 10 a.m., Williamson Hall, High St.
	• Holy Rosary Seniors, 12:30 p.m., Auditorium, Florida Grove Rd.
	• St. Stephen's Seniors, 1 p.m., Cafeteria, State St.
	• Holy Trinity Seniors, 1 p.m., Church Hall, Lawrie & Johnstone St.
THURS. Mar. 21	The Cathedral International Seniors, 9:30 a.m., Family Life Center, Madison Ave.
MON. Mar. 25	St. James Golden Girls, 10 a.m., Fellowship Hall, Commerce St.
TUES. Mar. 26	Holy Spirit Seniors, 12:30 p.m., Church Hall, Brace Ave.
	• Market Square Seniors, 1 p.m., Presbyterian Center, Market St.
WED. Mar. 27	Simpson Seniors, 10 a.m., Williamson Hall, High St.
	• Holy Rosary Seniors, 12:30 p.m., Auditorium, Florida Grove Rd.
	• St. Stephen's Seniors, 1 p.m., Cafeteria, State St.
THURS. Mar. 28	The Cathedral International Seniors, 9:30 a.m., Family Life Center, Madison Ave.
South Amboy	
MON. Apr. 1	St. Mary's Seniors, noon, Senior Center, S. Stevens Ave.
WED. Apr. 10	South Amboy Seniors, noon, Senior Center, S. Stevens Ave.

**Attn: If Your Club changes Your Schedule due to the Holidays Please give us two weeks notice! 732-896-4446 or 732-261-2610**

Answers  
From Puzzle  
On Page 15

LOOKING BACK

PERTH AMBOY - Easter time in the late 1940's. Easter Egg hunt.

*\*Photo courtesy of Perth Amboy Free Public Library*

*This Photo was restored under a grant for the Kearny Cottage Archiving project by the Middlesex Cultural and Heritage Commission*

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Prayer To The Blessed Virgin

(Never known to fail)  
O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to suc-  
cor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands (3 times). **K.M.**  
Say this prayer for 3 consecutive days. You must publish it, and it will be granted to you.

Friday Lenten Dinners

PERTH AMBOY - February 15: Breaded Flounder with mashed potatoes and steamed vegetables, March 8: Baked Salmon Steak with rice and salad, March 15: Cabbage Noodles, March 22: Breaded Flounder with roasted potatoes and coleslaw. Dessert, coffee and tea will be served with each dinner. The dinners are from 5 p.m. to 7 p.m. at the Magyar Reformed Church Center, Corner of Fayette Street and Kirkland Place, Perth Amboy. Cost is \$13 per person or 6 dinners for \$70 (one dinner for each week) paid in advance. Reservations required. No tickets sold at door. Call: Pat 732-442-0224 or Pam 732-257-7182.

Community Wide Yard Sale at the South Amboy Y

Press Release  
SOUTH AMBOY - Clean out your Garages, Basements and Attics at the South Amboy Y's Yard Sale on Saturday, March 23, 2013. Tables will be available in our Gymnasium from 9am-3pm so you can sell those unused items that have been piling up in your house. Craft vendors are also welcome. Set up will begin at 7:30am. The price is \$25 for one table, and \$40 for two tables. Table registration fees will support the Y's Strong Kids Campaign, which provides scholarship assistance to members of the community. At the Y, no one is turned away for the inability to pay. Please contact Roxann DeVoe to reserve your table at 732-316-8217 or roxann.de-  
voe@ymcaofmews.org.

Atlantic City Trip

HOPELAWN - Bus trip to Trump Plaza sponsored by Hopelawn V.F.W. Ladies Auxiliary every second Tuesday of every month. Bus leaves Hopelawn at 12:30 p.m., arrives at Trump Plaza between 2 p.m. & 2:30 p.m. Bus leaves Trump Plaza at 8:30 p.m. Arrives home approximately 10 p.m. For more info call Yolanda at 732-826-1595

Spring Flea Market

PERTH AMBOY - Join us for a spring flea market at the Perth Amboy High School Cafeteria, 300 Eagle Ave., Perth Amboy, Saturday, April 13 (rain or shine) 10 a.m. to 4 p.m. Vendors will be selling crafts, clothes, shoes household items - new and used. Food and drink items, too. \$10 per space, \$15 space with table, \$20 for 2 spaces with table. Money due no later than Saturday, April 6. For more info contact Jeanette at 732-233-3397, or email jmhi@aol.com or email Iris at jaden795@aol.com. Please come out and support the our school's PTO.

Bishop Gregory to Preside at Sunday of Orthodox Vespers

PERTH AMBOY - His Grace, Bishop Gregory will preside over the Sunday of Orthodox Vespers on Sunday, March 24 from 4 p.m. at St. John the Baptist Orthodox Church, 145 Broad St., Perth Amboy. Bishop Gregory will deliver the homily. This will be a wonderful opportunity for the clergy and the laity of the Central New Jersey region to hear His Grace preach the word and to meet him informally in the fellowship hour that will follow Vespers. On this day when the Church's victory over the iconoclasts is celebrated. It will also be a spiritual privilege to be in the presence of myrrh-streaming "Icon of the Theotokos" that been Emitting this fragrant "myron" for well over a year at the St. George Carpatho - Russian Orthodox Church in Taylor, P.A. Father Mark Leasure will bring the icons and have them available for veneration that afternoon. Singing the responses to Vespers will be St. John Church Choir to be directed by Mr. Georg Hanas, Choir Director and Cantor of the Church. Pastor of the church is Protopresbyter Michael Rosco.

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If you wish to publish a Novena in The Amboy Guardian, you may use this coupon.

<p>A Petition to St. Joseph</p> <p>Dear St. Joseph, head of the most perfect household, foster father of Jesus and guardian of His mother Mary, I confidently place myself and all my concerns under your care and protection. I ask that, through your powerful intercession with God, you obtain for me all the help and graces that I need for my spiritual and temporal welfare and in particular, the special favor I now ask there mention or think of your home sale or any other petition, especially family needs. Good St. Joseph, I know with confidence, that your prayers on my behalf will be heard by God and that He will grant my request, if it be for His glory and my greater good. Thank you St. Joseph, for having responded to my call. Amen. <b>G.T.A.</b></p> <p>Prayer To St. Claire</p> <p>Prayer To Blessed Mother</p> <p>Prayer To Blessed Virgin</p> <p>St. Jude Novena</p>	<p>Cost \$10. Pre-payment required.</p> <p>Name _____</p> <p>Address _____</p> <p>Phone_(____) _____</p> <p>Initials at end of prayer _____</p> <p>Please circle one prayer, and return form with check or money order to:</p> <p><b>The Amboy Guardian</b> P.O. Box 127 Perth Amboy, NJ 08862</p> <p>For Employment</p> <p>Prayer To Holy Spirit</p> <p>Thanksgiving Novena</p> <p>Pray The Rosary</p>	<p>A Petition to St. Jude</p> <p>May the sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, have mercy on us. St. Jude, worker of Miracles, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer nine times a day for nine days. It has never been known to fail. Publication must be promised. <b>Thank you, St. Jude F.M.J.</b></p> <p>Prayer To St. Jude</p> <p>Novena To St. Anthony</p> <p>Novena To St. Joseph</p> <p>OTHER _____</p>
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**PERTH AMBOY** - Charming colonial on quiet hospital section, eat in kitchen, great condition. 3 bedroom and much more. **\$164,900**



**PERTH AMBOY** - Beautiful upgraded ranch in the Eagle Rock. Great location, hardwood throughout. "Move in" condition. Buyer is resp. for C/O, Termite Cert., and all repairs. **\$259,000**



**PERTH AMBOY** - Great potential. Close to public transportation and all major hwy's. Buyer is resp. for C/O, Termite Cert. and all repairs. This is being sold in strictly "AS IS" condition. Only CASH or FHA 203K. **\$159,000**