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Brown Appointed to Board of Education to Fill Vacancy: 3 Candidates Interviewed

1/17/19 Special Board of Education Meeting



Ana Mascenik



Anthony Bermudez



Dr. Danielle Brown

By: Katherine Massopust
PERTH AMBOY – Board Secretary Derek Jess personally thanked the School Board of the State of New Jersey. He read a proclamation from NJ Governor Phil Murphy. Governor Murphy indicating that January 2019 is School Board Recognition Month. Governor Murphy wanted to recognize the over 5000 local Board of Education Members who give their service to their perspective communities and the State of New Jersey.

A video was shown recognizing Board President (Police

Officer) Ken Puccio who years ago had saved a baby's life (see article below). Now, that young man was being sworn in as a Perth Amboy Police Officer.

Board of Education Member Milady Tejada was elected to the Perth Amboy City Council, and therefore had to resign her position on the Board of Education. The Special Meeting on 1/17/19 was held to appoint a Board Member to fill that vacancy. This appointment is effective until the Organization Meeting following the November 2019 annual School Board

Election.

There were three candidates: Ana Mascenik, Anthony Bermudez, and Dr. Danielle Brown. The Meeting was held at McGinnis School. Board Member Jesus Martinez was not present at the Meeting.

Each of the Board Members asked the same question to each of the three candidates.

The first candidate interviewed was Ana Mascenik:

Ana Mascenik Opening State-

**Continued on Page 2*

Meeting Etiquette Discussed by South Amboy Council

1/16/19 Business Meeting



Councilwoman
Zuzette Dato



Councilman
Brian McLaughlin

By Joseph L. Kuchie
SOUTH AMBOY - South Amboy Councilwoman Zuzette Dato raised concerns about resident behavior at recent South Amboy council meetings.

Tension has been high at the last three council meetings following the public hearing and eventual passing of the Manhattan Beach Project, which will bring a minimum of 500 residential units to South Amboy. Residents have used the public portion of these meetings to voice their concerns about the project and their extreme disappointment in the council's decision to pass the vote.

Dato believed that while residents are entitled to speak their mind and voice their opinions, she did not think that vulgar and disrespectful language should be used in a public forum. She referenced the December public hearing on the Manhattan Beach Project that involved the use of profane language from certain residents in the crowd toward both the Mayor and the council.

"I thought some of the comments crossed the line of being inappropriate and it wasn't addressed," Dato said. "People are entitled to make their comments and criticize and I'm okay with that, but it's not okay to cross the line of what's respectful and what isn't. I think there should be some plan about how we're going to handle that."

"Treat the council and the people of the public who are in the room with respect," she continued. "We can handle the criticism and comments but not if it is inappropriate. I think that should be a line."

Councilman Brian McLaughlin, who was against the Manhattan Beach project and has been interested in bringing in Offshore Wind facilities to South Amboy, argued that the hostility came from the dais as well. He mentioned that one could argue that South Amboy Redevelopment Agency attorney Joseph Baumann was out of line when speaking to residents as well.

"That was a very heated meeting, there were a lot of tempers flaring," McLaughlin said. "The way Mr. Baumann spoke to the people from the Energy people was out of line. He talked at them, not to them. I think he was very unprofessional."

Councilman Tom Reilly believed that Council President Mickey Gross should be the one to take control of the inappropriate comments and remove the residents from the meeting after a warning. Councilwoman Christine Noble mentioned that Gross did address certain residents and give warnings during the meeting in December.

City Law Director Francis Womack said he would look into some rules of conducts that have been acceptable in other towns that would give the city something to work with. Councilman Reilly noted that the council use caution and only limit the restrictions to profanity to avoid running into issues with freedom of speech.

Councilman Mickey Gross was not in attendance for the business meeting. The next city council meeting will be held on January 30th at 7:00 p.m.

Officer Leonel Tejera is Sworn in as a Perth Amboy Police Officer

30 Years After Police Officer Ken Puccio Saved His Life



Mayor Wilda Diaz swears in Police Officer Leonel Tejera as his mother Carmen holds the bible. Ken Puccio looks on.

**Photos by Paul W. Wang*



Ken Puccio places his old badge: "111" on Police Officer Leonel Tejera

PERTH AMBOY – In 1989, Police Officer Ken Puccio saved the life of 14-month-old Leonel Tejera. Puccio was in a patrol car on Amboy Avenue when Carmen Morales flagged him down. Morales had been driving her son to the hospital when

he stopped breathing. Puccio checked the air passage and determined that the boy was not breathing and had no pulse. Officer Puccio administered CPR and within minutes the boy began breathing on his own.

Fast-forward to January 16,

2019. Leonel Tejera was sworn in as a Perth Amboy Police Officer. He will wear Ken Puccio's Badge Number: "111."

Puccio still has a thank you

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Officer Leonel Tejera is Sworn in as a Perth Amboy Police Officer


30 Years After Police Officer Ken Puccio Saved His Life

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card from flowers that Morales had sent him in 1989 reading: "To Officer Puccio. Thank you so much. God Bless you and your family. As a mom I will never forget you and neither will Leonel. – Carmen and Leonel"

In an interview on Fox News, Tejera states he was inspired to become a Police Officer because Ken Puccio had saved his life and he never forgot that.

As an aside, Puccio told Carmen that she would have to drive the police car to the hospital in order for him to make sure the baby was okay.



PERTH AMBOY - 1989 - Officer Ken Puccio is honored for saving 14-month-old Leonel Tejera's life. (L to R) Carmen Morales, Leonel Tejera, Officer Ken Puccio, Mayor George Otowski, Police Chief Edward J. Mullen Jr.

**Photo Courtesy of Ken Puccio*

Board Vacancy Filled

1/17/19 Special Board of Education Meeting

**Continued from Page 1*

ment: I've been involved in the Public Schools System in Perth Amboy for 50+ years. What brings me here today are the children of the City: the young men and women of Perth Amboy. I see so many new things they give us. I've become excited on what's happening on the Zoning Board. How is that going to affect the school system? I am always thinking about the children. I can bring the schools together and do it collaboratively. Working together as a Board is a wonderful thing. I'm offering a unique set of eyes as a grandmother. My three children went to the Perth Amboy public schools. Now that I have time, I'd like to serve on the Board.

Junior Iglesia: If given the opportunity to serve on the Board of Education, how do you plan to advocate for a quality education without placing a tax burden on the taxpayers?

Ana Mascenik: We get a lot of money from the State (for the annual budget). We can reach out to the community. We have PTO's that are very active. We were able to send one class on a trip from fundraising.

Stephanie Márquez-Villafañe: What perspective will you bring to the Board that may not already be present if you are selected to fill the vacancy?

Ana Mascenik: I've been resident in this town a long time. When you're known in this town over the years, there is a lot of love for the children. I'm a very good collaborator. When you have open communication, that makes it easier.

Lisette Lebron: What are your goals if chosen to serve on the Board?

Ana Mascenik: To work with the Board Members and bring clear vision to work together. For example, the new school - What's the traffic patterns going to be like? Do you have street access? This should be a process that needs to be addressed.

Anton J. Massopust: What do you see as some of the weaknesses of our district and how would you improve those weaknesses?



Dr. Danielle Brown is sworn in as a Board of Education Member. Board Secretary Derek Jess administers the oath.

**Photo by Katherine Massopust*

Ana Mascenik: Poverty - you have to enrich their lives as much as you can. Many parents work two or three shifts. They are tired. Some parents don't speak English. For some, it's a whole new culture for our people. People don't realize we have immigrant children all the time. Work with parents to give as much support as possible so they are able to learn. We need support on social issues that affect them.

Ken Puccio: The safety and security of our students and staff is important. What ideas can propose help to ensure the continued safety of our students and staff?

Ana Mascenik: That's a very, very important question. All schools are open to attack and it's a frightening concept. By practicing drills. Armed police in each school. I don't know if it's possible, but it's a safe thing to do. We need to know the children. Security Guards do talk to the children. Many times, police were waiting where the fights were supposed to happen. The issue of bullying and cyber-bullying – keep track of that with law enforcement. Gangs – we need to make sure teachers and staff are educated on gangs. For example, a student was wearing his gang colors to school. We contacted the police and it turned out that the gang was recruiting.

Ken Puccio: In your opinion, what is the most pressing issue facing our school system and how would you try to solve it?

Ana Mascenik: Overpopulation. The high school is very, very crowded. By the time we open the new school, it will be full. What will happen in fifteen years? Project into the future and stay ahead of things. Homes were just built where the new school is going. It's good idea to keep schools in mind during redevelopment. Test scores are important. Children need to be able to achieve. Children need to continue to learn. We have to make sure they learn what they need to learn.

Randy Convery: Do you think the bilingual program is working? Why or why not?

Ana Mascenik: I think the program is working. They (the students) learn, then learn in English (speaking classes). Any bilingual programs that moves children to English will be effective. We keep getting children from other countries. Perth Amboy is a port of entry; it's always been. You have to have skills. You have to be literate to live.

Tashi Vasquez: The Perth Amboy Board of Education is comprised of nine members, who work collectively to serve the students, faculty and staff of this district. Can you share one professional or personal experience where you had to work as a team to reach one goal where you may differed in opinion from the group and what was the outcome?

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Board Vacancy Filled

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Ana Mascenik: We actually planned for opening of the Wilentz School and Peterson School. We had meetings to work together between each other. We came to a consensus and opened up the doors. In this building there was something going on and I wanted to do it a different way. I didn't think it was going to work. One of the teachers came up to me and said that the way you came out of the meeting, I didn't think I would have your support. But it worked.

Ana Mascenik's Closing Statement: I would really like to serve on the Board. There so much happening.

The next candidate was Anthony Bermudez:

Anthony Bermudez's Opening Statement: I want to thank the Board for this opportunity. I served on the Board several years ago. I've seen programs work over the years. I'd like to be a part of what's going on.

Junior Iglesia: If given the opportunity to serve on the Board of Education, how do you plan to advocate for a quality education without placing a tax burden on the taxpayers?

Anthony Bermudez – Most money comes from the State. I don't like the taxes to increase. There should be a happy medium. We should continue educating for the children of Perth Amboy. The State is going to demand something. We have to raise money.

Stephanie Márquez-Villafañe: What perspective will you bring to the Board that may not already be present if you are selected to fill the vacancy?

Anthony Bermudez: I've already been on the Board. I have knowledge on how it works. I was a part of a lot of programs that came to fruition. There are new programs. I can bring knowledge of the Board itself and bring what is necessary.

Lisette Lebron: What are your goals if chosen to serve on the Board?

Anthony Bermudez: I'd love to continue programs going on right now. I want to help out in any way possible. One of my biggest things is community involvement is between us and the City. We need communication in order to make things grow. I want to see Perth Amboy progress in all ways possible.

Anton J. Massopust: What do you see as some of the weaknesses of our district and how would you improve those weaknesses?

Antony Bermudez: Perth Amboy is growing by leaps and bounds. We have modular buildings. Use these until the new schools are up and running. Overcrowding is the biggest thing.

Ken Puccio: The safety and security of our students and staff is important. What ideas can propose help to ensure the continued safety of our students and staff?

Antony Bermudez: Training. We continue to keep up to par with training. Keep up with the Perth Amboy Police Department. Anything can happen. It

could be an irate student or active shooter. The State is advocating Special 3 Police Officers with the school itself. Psychologically part of that knowing someone is there responsible for their safety in order to deal with what can happen.

Ken Puccio: In your opinion, what is the most pressing issue facing our school system and how would you try to solve it?

Anthony Bermudez: Overcrowding. Use modular buildings in order to make sure that the Teacher/Student Ratio is reasonable.

Randy Convery: Do you think the bilingual program is working? Why or why not?

Anthony Bermudez: The Student graduation rate is 65%-85%. 85% is Spanish or Spanish speaking. Why not speak in their own language? Over 100 kids received the Seal of Bilitracy. It's definitely working.

Tashi Vasquez: The Perth Amboy Board of Education is comprised of nine members, who work collectively to serve the students, faculty and staff of this district. Can you share one professional or personal experience where you had to work as a team to reach one goal where you may differed in opinion from the group and what was the outcome?

Anthony Bermudez: We all have differences of opinion of what's good for our district. I was a huge sponsor of Special 3's. Resolve at increase special training. We can agree to disagree. In the end we came to some sort of answers. I have to take the Superintendent's word. He is the professional.

Anthony Bermudez's Closing Statement: I want to thank everyone. I've worked with you in the last few years. I am born and raised in Perth Amboy. I'd like nothing better than to see the students succeed. I've been a Board Officer before, and I have that knowledge.

The third candidate to be interviewed was Dr. Danielle Brown:

Dr. Danielle Brown's Opening Statement: I ran for the Board of Education. I have a passion for the City of Perth Amboy. I'd love to join this team.

Junior Iglesia: If given the opportunity to serve on the Board of Education, how do you plan to advocate for a quality education without placing a tax burden on the taxpayers?

Dr. Danielle Brown: A portion of the answer I don't have. Some intricacies are classified. As what our options are on the Board as a district, consider any option that was presented.

Stephanie Márquez-Villafañe: What perspective will you bring to the Board that may not already be present if you are selected to fill the vacancy?

Dr. Danielle Brown: I am a member of the community. I'm aware of the needs of the community. I've also had a history of Boards. I was a three-sport athlete. Teamwork is what I bring to the Board.

Lisette Lebron: What are your goals if chosen to serve on the Board?

Dr. Danielle Brown: Collaborate with Board Members and transparency. Test scores, academic improvement, graduation

rates, community involvement.

Anton J. Massopust: What do you see as some of the weaknesses of our district and how would you improve those weaknesses?

Dr. Danielle Brown: The turnover rate of staff. Large members move in and out of the district. The growing community. The high turnover of staff. The graduation rate could be better. Test scores could be better. This is a transient city. There are needs that may not be determined yet.

Ken Puccio: The safety and security of our students and staff is important. What ideas can propose help to ensure the continued safety of our students and staff?

Dr. Danielle Brown: Security should be qualified. There should be very good hiring procedures where students and staff are involved.

Ken Puccio: In your opinion, what is the most pressing issue facing our school system and how would you try to solve it?

Dr. Danielle Brown: Student achievement is most pressing. A School Board alone can't address all these issues. Work in collaboration with all the community to lessen the impact.

Randy Convery: Do you think the bilingual program is working? Why or why not?

Dr. Danielle Brown: We should look at it at a Student to student basis. There are students who excel in the program, but students should not go 12 years and not be proficient in two languages.

Tashi Vasquez: The Perth Amboy Board of Education is com-

prised of nine members, who work collectively to serve the students, faculty and staff of this district. Can you share one professional or personal experience where you had to work as a team to reach one goal where you may differed in opinion from the group and what was the outcome?

Dr. Danielle Brown: Where I work we don't always agree. From many perspectives. Collaboration is my life currently. In my place of work, we're in a transition to create new models. It's what we do. Millennials/Generation X. I work with people 20+ and 30+ years older than I am. Come to the table no matter what we differ in and what we agree upon, one is to make life better. I'm able to hear and listen with an open mind.

Dr. Danielle Brown's Closing Statement: I thank the Board for the opportunity to review my submission.

The Board went into executive session to discuss the three applicants at 7:10 p.m. They returned at 8:02 p.m. with their nomination. Board President Ken Puccio thanked the three applicants.

Board Member Tashi Vasquez nominated Dr. Danielle Brown. The nomination was seconded by Board Member Lisette Lebron. Everyone voted "Yes" except for Board Member Stephanie Márquez-Villafañe.

Dr. Danielle Brown was sworn in by Board Secretary Derek Jess. She thanked everyone and stated that she looked forward to working together with everyone.

During the public portion,

Obituary: George Ernest Scharpf, 78 Amboy Bank Chairman, President and CEO

George Ernest Scharpf passed peacefully on Friday, January 4, 2019 surrounded by his loving family. He will be remembered for his generosity, leadership and interest in people.

He led by example – at the bank, in the community and at home. His accomplishments as CEO of Amboy Bank were only surpassed by his success as a father and husband. He wanted to win – but never at the expense of his deeply-held values of honesty, integrity, loyalty, and a sense of fair-play. For over 50 years at Amboy, he was available to clients in good times, and more importantly, in tough times. Clients appreciated his advice, but valued his old-school banker style even more – when you left a meeting with George, you knew where you stood, and the terms of the deal were set. Like his father, his word was his bond.

Born in St. Vincent Hospital in New York City in 1940, George was one of four children of Ernest and Theresa Scharpf. He was raised in Queens, NY, loved music and math and at one point was a Brooklyn ballroom dance champion. He attended LaSalle Academy, which he would later return to as a member of the Board of Trustees.

George graduated from the University of Notre Dame in 1962 and received his MBA in

1969 from New York University.

He started his career at Price Waterhouse & Company as a Public Accountant followed by serving in the United States Army as a 1st lieutenant. While stationed in Germany in 1965, he met his wife, Patricia Murtagh. He retired as a Lieutenant Colonel in the Army Reserves in 1990.

George began his Amboy career in 1969 becoming a Director of Amboy Bank in 1979 and President and Chief Executive Officer in 1981. In 1995 he was elected Chairman of the Board. Over the 50 year span he led the growth of the bank from \$39 million to \$2.3 billion in assets. He was known as an innovator in banking with a great passion for the industry. His banking and leadership style reflected his belief in people and giving them a chance to meet their full potential. George thought his greatest success was not the company he built, but the employees and people in his community that he helped.

Outside of Amboy, George served on numerous boards including the University of Notre Dame's Advisory Council for the Mendoza College of Business since 2004. He held leadership positions in the banking industry including Director of the Federal Home Loan Bank of New York, NJ Banking Asso-

Perth Amboy Federation President Pat Paradiso read from a statement addressing the high turnover rate in the Perth Amboy School District.

She stated that some staff leaving to other districts because of moving out-of-state. Some staff leave for higher pay elsewhere where they are paid sometimes \$10,000 more a year. Paradiso emphasized that many of the staff do not leave because the standards imposed on them are too difficult. "It angers me that they say they can't hack it." Paradiso stated that the reason for the high turnover rate was mostly because many of the staff are miserable and unhappy here and they are taking a pay cut accepting positions elsewhere. The main reason most people leave are because of low morale and the fact that the staff are kept out of the loop. She stated that many of the administrators hired year after year have little training. She then added, "There is lack of student discipline. Many of the staff are kicked, punched, etc." The last complaint was about the working conditions. The buildings are kept either too hot or too cold. "Many times, students are taught with their coats and scarves on because it's so cold."

Paradiso handed each Board Member a copy of the survey.

The Special Board Meeting adjourned at 8:14 p.m.

Attend Public Meetings
Have Your Voice Heard!



Amboy Bank George Scharpf
Chairman, President and CEO

ciation, and American Banking Association.

He is survived by his wife, Patricia Murtagh Scharpf, sister Margarite DiSepio (Joe), three children: Gregory (Ashley), Eric (Colleen), Elizabeth (Sarita), four grandchildren, and hundreds of people he helped through a lifetime of service as a community banker.

A private memorial is planned in the future. For condolences, please visit <https://tributes.com/georgescharpf>.

In lieu of flowers, donations to La Salle Academy <https://lasalleacademy.org/> 215 East 6th Street, New York, NY 10003 would be appreciated.

LOCAL PERSPECTIVE

EDITORIAL

A Problem U Would Never Know

A problem that the average person would never think about is being homeless while attending college. On CBS Sunday Morning, there was a segment on homeless college students.

Back when I attended college in the mid to late '80s I would never dream that anyone attending school with me was homeless.

Now, it's a problem that has manifested over the years and is commonplace.

According to /bigfuture.collegeboard.org: the average cost of tuition and fees are as follows: Public Two-Year College (in-district students) \$3,440 Public Four-Year College (in-state students) \$9,410 Public Four-Year College (out-of-state students) \$23,890 Private Four-Year College \$32,410

However, the cost of housing, food, books, transportation, and general cost of living are not included in these estimates.

Subsequently, after grants, financial aid, and other sources of income run dry, many students often end up homeless.

The fact that so many students are actually homeless is a very disturbing statistic. One student was so distraught he contemplated suicide. Fortunately near the campus of the college he was attending, there was a building that could house 6 students. When that student inquired about having a place to stay, the place was full. However, he saw that they young man was so desperate, he converted one of the offices into a room for that student.

Another student had approached the President of the college and made it known to her that he was living under a bridge and there were others living there, too.

This prompted her to put into action a plan where canned goods were provided for students. Also, a farmers market provided fresh vegetables to any student - no questions asked.

At UCLA there is a group home for homeless students run by student volunteers. They even dine with the students living there.

It's unfathomable that this problem even exists today. Even more disheartening is the fact that many students whine and complain about such trivial matters as changing the name of a college or university because it is named after a historical figure who many have done something



Homeless Students are a growing problem on college campuses. *Photo by David Goldman/AP

100 years ago that offends them. Also institutions of higher learning pull classic literature that they feel will offend the students. Many times the content of these are books were prevalent the time they were printed and despite this, they are still important works that should be taught today. Some of these books include: To Kill a Mockingbird, Fahrenheit 451, Green Eggs and Ham, The Harry Potter Series, The Catcher in the Rye, The Grapes of Wrath, etc., and the list goes on.

Many professors are injecting political views instead of the subject they are paid to teach. Maybe then students can have a career and an opportunity to be able to pay off their huge student loans.

The problem of homelessness can affect anyone. Some researchers state that 1 out of 10 college students have spent at least one day where they didn't know where they were going to sleep. That's scary.

When college students have to live in a homeless shelter, even one set up just for college students, that is a sorry state of affairs of the country.

To all of you protestors who after you are done airing your grievances, instead of going to your warm, comfortable dorms or apartments with a cozy bed and a full belly, why don't you try switching places with those homeless students and see how you feel?

To the administrators and students who recognized the problem and actually took action, we say:



To see the full segment go to: <https://www.cbsnews.com>. C.M. & K.M.

21 Trillion Dollars!

Here's something the mainstream news media is not telling us ready for this 21 TRILLION DOLLARS is missing hard to believe nope not for me. Those

politicians know about this 21 trillion missing and it's funny no one in Washington cares about this big bag of cash that is missing. You know what we can do with 21 trillion dollars? OPEN the Government!!! But wait, maybe Trump knows this and asked some of those politi-

cians where's the 21 trillion? Or he told them find the 21 trillion and I'll open the Government! I know it sound crazy, but anything is possible.

Orlando "Wildman" Perez

Marijuana Legalization

There are known problems with cadmium ingestion. It causes weak, brittle bones, kidney damage, and a damaged sense of smell. Marijuana draws

cadmium from the soil and concentrates it so smoking it can deliver toxic amounts. Do those who want to increase consumption by legalizing marijuana know these facts?

Are these facts censored from the discussions about legaliza-

tion? Isn't it foolish to believe that legalization will solve the state's money problems yet have no negative side effects?

Ronald A. Sobieraj

What do you think? Send us a response!

Five Easy Ways to Love Your Heart

By: Laura Giménez, RDN

As the color red begins to appear everywhere this February, make this month not only about Valentine's Day, but celebrate hearts all month long during American Heart Month! American Heart Month aims to promote awareness of heart disease in addition to promoting habits that aid in prevention. Look below to make this February your heart-healthiest yet, by incorporating some of these preventative, effortless tips into your day-to-day life!

1. Incorporate Chia and Flax Seed

TIP: Add 1 tbsp of chia or ground flax seed to foods such as oatmeal, smoothies, yogurt, cottage cheese, cereal, baked goods, etc. The possibilities are endless- be creative!

Both chia and flax seeds boast impressive nutritional profiles including being high in both fiber and omega-3 fatty acids! This is great news for your heart as omega-3 fatty acids are known to lower LDL, or lousy, cholesterol and provide anti-inflammatory benefits. Furthermore, both contain fiber, which has been proven to lower LDL cholesterol, promote fullness and satiety, promote gastrointestinal health, and balance blood sugar.

2. Go Nuts for Nuts

TIP: Combine 1 oz. nuts with fruit of choice for a satisfying and heart-healthy snack or sprinkle 1/8 cup sliced nuts on salads, yogurts, or oatmeal, etc. Nuts (ex. Almonds, walnuts, peanuts, pistachios, brazil nuts, etc.) are rich in poly- and mono-unsaturated fats, both of which aid in lowering LDL cholesterol. Nuts also contain a combination of both protein and fat, which will help you stay satisfied for longer!

3. Switch to Whole Grains

TIP: Read your labels- make sure your breads, cereals, crackers, etc. contain minimally 3g of fiber per serving!

In order to incorporate more heart-healthy fiber, switch all of your grain products to whole grain! Whole grains contain not only more cardio-protective fiber, but also boast more b-vitamins, antioxidants, and protein than their refined grain product counterparts.

4. Incorporate More Fruits and Vegetables

TIP: Leave clean and sliced fruit available in your fridge. Keep chopped frozen vegetables in your freezer to quickly add to stews, rice, pastas, etc. when cooking!

In addition to a long list of antioxidants, fruits and vegetables also contain high amounts of heart-healthy fiber! Moreover, fruits and vegetables form part of a healthy-eating plan which may help you better manage a healthy weight.

5. Snack Smart

TIP: Try the following balanced, easy snack combinations:

- Roasted Chickpeas- try brands such as Biona or The Good Bean
- Edamame and hummus
- Greek yogurt with ½ cup berries
- Triscuits and cottage cheese
- Apple and 2 tbsp peanut butter
- Whole grain tortilla chips with guacamole
- 1 oz. dark chocolate with walnuts
- Cherry tomatoes with 1 oz. mozzarella

Incorporating a healthy snack can help boost your metabolism and curb hunger before the next meal, preventing over-eating at meal time; this is important when trying to maintain a



Laura Giménez, RDN

healthy weight. Make sure your snack contains both a carbohydrate and protein source in order to give you energy and keep you satisfied!

Laura Giménez, RDN, is a registered dietitian practicing at Hackensack Meridian Health Raritan Bay Medical Center on an outpatient basis. She also provides nutrition counseling as part of the Institute for Weight Loss at Raritan Bay-Old Bridge. Laura completed her Dietetic Internship with a concentration in Medical Nutrition Therapy in Clinical and Community Dietetics at the Rutgers School of Health Professions. She adamantly believes there is no such thing as a "one size fits all" approach to nutrition. With this in mind, Laura works with her patients to determine what is most important to them, develop an individualized plan, and ultimately guide them towards reaching their health goals. To schedule an appointment for nutrition counseling, call 732-324-3236.

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SUPER DUPER DELI III..... 650 KING GEORGE'S RD.

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HOFFMAN'S DELI..... 5 LAURENCE PKWY.

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LAW OFFICES..... 708 CARSON AVE.
LEE'S MARKET..... 77 SMITH ST.
LUDWIG'S PHARMACY..... 75 BRACE AVE.
MITRUSKA CHIROPRACTIC..... 788 CONVERY BLVD.
PETRA BEST REALTY..... 329 SMITH ST.
PETRICK'S FLOWERS..... 710 PFEIFFER BLVD.
POLICE HEADQUARTERS..... 365 NEW BRUNSWICK AVE.
PORTUGUESE MANOR..... 310 ELM ST.
PROVIDENT BANK..... 339 STATE ST.
PUBLIC LIBRARY..... 196 JEFFERSON ST.
PUERTO RICAN ASSOCIATION..... 100 FIRST ST.
QUICK CHEK..... 853 CONVERY BLVD.
QUICK STOP DELI..... 814 AMBOY AVE.
QUISQUEYA MARKET..... 249 MADISON AVE.
QUISQUEYA LUNCHEONETTE..... 259 MADISON AVE.
RARITAN BAY AREA Y.M.C.A. 365 NEW BRUNSWICK AVE.
RARITAN BAY MEDICAL CENTER..... 530 NEW BRUNSWICK AVE.
SANTANDER BANK..... 365 CONVERY BLVD.
SANTIBANA TRAVEL..... 362 STATE ST.
SCIORTINO'S RESTAURANT..... 473 NEW BRUNSWICK AVE.
SHOP-RITE..... 365 CONVERY BLVD.
SIPOS BAKERY..... 365 SMITH ST.
SUPERIOR DINER..... 464 SMITH ST.
SUPREMO SUPERMARKET..... 270 KING ST.
TORRES MINI MARKET..... 403 BRUCK AVE.
TOWN DRUGS & SURGICAL..... 238 SMITH ST.
WELLS FARGO..... 214 SMITH ST.
ZPA..... 281 GRACE ST.

IN SAYREVILLE:
BOROUGH HALL..... 167 MAIN ST.
SENIOR CENTER..... 423 MAIN ST.
SUNNYSIDE RESTAURANT..... 111 MAIN ST.

IN SEWAREN:
PUBLIC LIBRARY..... 546 WEST AVE.
SEWAREN CORNER DELI..... 514 WEST AVE.

IN SOUTH AMBOY:
AMBOY NATIONAL BANK..... 100 N. BROADWAY
BROADWAY BAGELS..... 105 S. BROADWAY
BROADWAY DINER..... 126 N. BROADWAY
CITY HALL..... 140 N. BROADWAY
COMMUNITY CENTER..... 200 O'LEARY BLVD.
KRAUSZER'S..... 200 N. BROADWAY
KRAUSZER'S..... 717 BORDENTOWN AVE.
PUBLIC LIBRARY..... 100 HOFFMAN PLAZA
SCIORTINO'S HARBOR LIGHTS..... 132 S. BROADWAY
SOUTH AMBOY MEDICAL CENTER..... 540 BORDENTOWN AVE.
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IN WOODBRIDGE:
CITY HALL..... 1 MAIN ST.
MAIN ST. FARM..... 107 MAIN ST.
NEWS & TREATS..... 99 MAIN ST.
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Groups are welcome, although reservations are required for groups over six people. The Proprietary House is located at 149 Kearny Ave., Perth Amboy, NJ. Tel. 732-826-5527 E-mail: info@proprietaryhouse.org. Follow us on our website, www.theproprietaryhouse.org and/or Facebook.

732-442-3000 / 201 Front Street, Perth Amboy
VISIT OUR WEBSITE: www.thebarge.com

FOR ALL NON-EMERGENCIES, DIAL: 732-442-4400

PERTH AMBOY BUSINESS IMPROVEMENT DISTRICT
Junel Hutchinson
BID Executive Manager
260 High Street Perth Amboy, NJ 08861
(732)4426421
Email: JHutchinson@perthamboynj.org



Barry Rosengarten - Chairman

January 14, 2019

INVITATION LETTER TO PROSPECTIVE BOARD MEMBERS

Dear Business Owner and/or Community Member,

In February of 2019, The Perth Amboy Downtown Business Improvement District, Inc. (BID) will be electing new members to its Board of Directors. The BID is seeking interested board member candidates who believe in our mission and are willing to be active in their governance roles.

Individuals interested in applying to become a member of the BID Board of Directors are required to meet the following eligibility criteria for consideration:

- Prospective applicant must be a property/business owner within the Perth Amboy BID area OR community member in good standing
- Business must be in good standing with New Jersey Department of Treasury to qualify for nomination and have a current Business Registration Certificate
- Prospective applicant must be willing to attend monthly meetings and BID functions as required

The Perth Amboy Downtown Business Improvement District strives for high quality service related to business improvement and community engagement.

If you are interested in becoming a member of the BID Board of Directors, please complete and submit the attached application packet by **January 30, 2019** to:

Junel Hutchinson, UEZ/BID Executive Manager
Attn: Executive Committee
260 High Street
Perth Amboy, NJ, 08861

Sincerely,

Business Improvement District Board of Directors

City of Perth Amboy
Business Improvement District

PUBLIC ANNOUNCEMENT

The Perth Amboy Business Improvement District is seeking prospective candidates to fill 11 vacant seats on the 2019 Board of Directors. The Perth Amboy BID has a tradition of high quality service provision and activism related to business improvement and community engagement.

If you are interested in serving on the BID Board of Directors or would like more information, please contact:

Junel Hutchinson, BID Executive Manager
260 High Street, Perth Amboy, NJ, 08861
JHutchinson@perthamboynj.org
(732) 442-6421 | (732) 826-0290 ext. 4048

Application Deadline: Wednesday, January 30, 2019

About the Perth Amboy BID:

The Perth Amboy Downtown Business Improvement District (BID) provides a mechanism for businesses and property owners to organize as a single entity, to raise funds for activities that enhance and/or expand upon municipal services. The Perth Amboy BID provides seminars and workshops for business owners and business operators, activities and events to attract more shoppers and visitors to the central business district, beautification and maintenance programs and façade grants.

The Perth Amboy BID Board meets on the second Tuesday of each month and holds special meetings as needed. BID Board members are encouraged to attend the activities, seminars, events and festivals to develop a working rapport with business owners and taxpayers.

Perth Amboy’s BID Seeking Directors To Shape Future of the City’s Business District

Business and/or Property Owners, Plus Company Executives In Downtown District, Are Asked To Apply



Perth Amboy Business Improvement District (BID) directors (shown above) are encouraging local business and property owners as well as executives at local companies and leaders of nonprofits to help shape the city’s future. Leaders who own companies or properties or work for firms or nonprofits located in the business improvement district are encouraged to apply to be a director on the BID’s board. Applications are available from the BID now and due on January 30, 2019.

**Photo by Bob Rinklin for the Perth Amboy BID*

Press Release 1/18/19
PERTH AMBOY - Business owners, company executives and professionals in Perth Amboy have an opportunity to shape the future of the city’s downtown by serving on the BID’s Board of Directors.

The Business Improvement District (BID) is asking the owners of commercial properties and/or companies, which are located in the BID, to apply for one of the positions on the organization’s board. Also, executives at local businesses or professional service firms as well as leaders from not-for-profits groups in the business improvement district are encouraged to submit an application for the BID’s board. The BID’s directors, who are volunteers, pursue positive actions that help foster businesses activity and serve the broader community.

Applications for the BID’s board are available now. Candidates may obtain an application from the BID’s Executive Director Junel Hutchinson by calling 732-442-6421, sending an email to JHutchinson@PerthAmboy.org or by visiting the office located on the first floor of City Hall. Completed applications, plus the applicant’s resume, are due back to the BID’s office on or before January 30, 2019.

BID Chairman Barry Rosengarten, who is also the founder of Rosengarten Realty & Development, said, “We are seeking directors who are willing to plan and manage programs that will enhance our downtown business district. The BID’s directors help make a positive difference in our city by creating special events, funding façade improvements, and allocating resources to create welcoming streetscapes. We welcome your ideas, energy and enthusiasm – and we asking for your active participation.”

The current directors on the BID’s board represent a range of companies and business sectors. The board includes executives from commercial real estate, hospitality, banking, insurance, retail, early childhood education and travel companies. The BID also includes professionals from accounting firms. Additionally, Mayor Wilda Diaz holds a seat on the BID’s board.

Mayor Diaz said, The BID’s board supports and carries out a range of actions that promote local companies and help increase business activity in the downtown district. By helping our shopping area thrive, local businesses may create more jobs and that further stimulates our city’s economy. By stepping forward to serve as a BID Director, you are assisting our businesses and enriching your community.”

BID has set specific requirements that each nominee’s company is required to meet. The company must be in good standing with the New Jersey Department of the Treasury and have a current N.J. Business Registration Certificate. For more details about the application and nominating process and restrictions about who may serve on the BID board as well as a director’s responsibilities and commitments, contact Mr. Rosengarten or Ms. Hutchinson.

Each application will be reviewed by the BID’s Executive Committee that includes Chairman Rosengarten, Vice Chairman Sergio Diaz, Treasurer Reyes Ortega and Secretary Jeanette Rios. After reviewing the applications, the executive committee will make recommendations to the full BID board about who should be nominated. Next, the BID board decides by a majority vote who should be nominated.

Tom's Tax Tips

Every Business Needs Cash! 5 Keys to Better Cash Management

Courtesy of Tom Ploskanka C.P.A.

Focusing solely on sales and profits can create a surprise for any business when there is not enough cash to pay the bills. Here are five key principals to improve your cash management:

1. Create a cash flow statement and analyze it monthly. The primary objective of a cash flow statement is to help you budget for future periods and identify potential financial problems before they get out of hand. This doesn't have to be a complicated procedure. Simply prepare a schedule that shows the cash balance at the beginning of the month and add cash you receive (from things like cash sales, collections on receivables, and asset dispositions). Then subtract cash you spend to calculate the ending cash balance. If your cash balance is decreasing month to month, you have negative cash flow and you may need to make adjustments to your operations. If it's climbing, your cash flow is positive.

Bonus tip: *Once you have a cash flow statement that works for you, try to automate the report in your accounting system. Or even better, create a more traditional cash flow statement that begins with your net income, then make adjustments for non-cash items and changes in your balance sheet accounts.*

2. Create a history of your cash flow. Build a cash flow history by using historical financial records over the course of the past couple of years. This will help you understand which months need more attention.

3. Forecast your cash flow needs. Use your historic cash flow and project the next 12 to 24 months. This process will help identify how much excess cash is required in the good months to cover payroll costs and other expenses during the low-cash months. To smooth out cash flow, you might consider establishing a line of credit that can be paid back as cash becomes available.

4. Implement ideas to improve cash flow. Now that you know your cash needs, consider ideas to help improve your cash position. Some ideas include:

- o Reduce the lag time between shipping and invoicing.
- o Re-examine credit and collection policies.
- o Consider offering discounts for early payment.
- o Charge interest on delinquent balances.
- o Convert excess and unsold inventory back into cash.

5. Manage your growth. Take care when expanding into new markets, developing new product lines, hiring employees, or ramping up your marketing budget. All require cash. Don't travel too far down that road before generating accurate cash forecasts. And always ask for help when needed.

Understanding your cash flow needs is one of the key success factors in all businesses. If your business is in need of tighter cash management practices, now is the perfect time to get your cash flow plan in order.

Howley Game Night

SOUTH AMBOY – The South Amboy Elks invites you to Howley Game Night on Saturday, Feb. 16th. Doors open at 7 p.m. First Race is at 7:30 p.m. Bring your own snacks! Light food served midway. \$7 entry fee. The Elks is located at 601 Washington Ave. For more information, call 732-727-7170.

Meet the Author: KristyAnn D'Errico

WOODBIDGE TOWNSHIP - Just in time for Valentine's Day, join us Tuesday, February 5, 7PM at the Woodbridge Main Library to Meet the Author: Kristyann D'Errico! Former Woodbridge based hairdresser, Kristyann D'Errico, has compiled stories of her craziest dates in her self-published memoir, *Color Him Crazy, Dating Memiors of a New Jersey Hairdresser*. *Color Him Crazy* pulls no punches! For years, D'Errico has not only been giving her clients perfect coifs; she's also been entertaining them with stories of her dating experiences! D'Errico will do a reading and give us some insight into her first book!

Copies of the book will be available for purchase at the event. The author will be selling the book for \$10 and will accept cash only.

The Woodbridge Main Library is located at 1 George Frederick Plaza in Woodbridge, NJ. If you have any questions or need any further information please contact us at 732-634-4450 or visit our website -www.woodbrigelibrary.org.

Filling our Hearts with Love through Meditation

WOODBIDGE TOWNSHIP - Join long time meditator and retired Executive VP, Jim Rose, as he offers this engaging workshop at the Woodbridge Main Library on February 14, 2019 at 7PM, on how to use the meditation practice to transform the heart. He will explore how to incorporate more love and peace in your life which can have a profound transformation on your overall well-being. This session will be devoted to integrating these practices into your daily life. Participants will learn to let go of anger, fear and worry in order to create more harmonious relationships, better work and home environments and experience a deep sense of personal peace and love. There will even be two short meditation sittings!

This program is free and open to all. No registration.

The Woodbridge Main Library is located at 1 George Frederick Plaza in Woodbridge, NJ. If you have any questions or need any further information, please contact us at 732-634-4450 or visit our website -www.woodbrigelibrary.org.

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Phone: 908-351-0957; Fax: 908-351-0959

Email: ecabrera52@hotmail.com

Roast Pork Loin Dinner

SOUTH AMBOY – Join us at the South Amboy Elks for our Pork Loin Dinner, Friday Feb. 8th from 5:30 p.m. to 7:30 p.m. Cost: \$12pp adults; \$7 kids. Menu: Roast Pork Loin, Mashed Potato, Vegetable, Tossed Salad, Dessert, Coffee & Tea. Cash Bar Available. The Elks is located at 601 Washington Ave. For more information, call 732-727-7170.

Meet the Author: Thais Sherell

WOODBIDGE TOWNSHIP - Join us at the Woodbridge Main Library on February 11 at 7PM to Meet the Author: Thais Sherell. Sherell will do a reading and give some insight into her latest novel, *Good News Buster*. *Good News Buster* follows Roosevelt Johnson a descendant of sharecroppers and self-made businessman with spiritual roots. Sherell will also provide insight into her other works—*Between the Pages* and *One Awesome School*. In addition to readings and insight Sherell will incorporate a performance related to her writings.

Thais Sherell is an author, licensed educator, performer, and motivational speaker who is passionate about community transformation and conflict resolution. She has written for a diverse group of magazines, journals, and companies, and she has written and produced stage plays and screen plays - credits which garnered attention from Oprah Winfrey's staff. She is the recipient of several community arts awards, humanitarian awards, and has received recognition in *The Bronx Times*, *The New York Carib News*, *Bronx News 12*, *Scope Magazine*, and *Bronx Talk AM*, to name a few. Her projects combine education, business, and spiritual guide posts to bring awareness to community concerns and introduce alternative conflict resolutions. Learn more about Thais at www.Nspired101.com. Copies of her book will be available for FREE at the event. This program is free and open to all!

The Woodbridge Main Library is located at 1 George Frederick Plaza in Woodbridge, NJ. If you have any questions or need any further information, please contact us at 732-634-4450 or visit our website -www.woodbrigelibrary.org.

Craft Night: Make Your Own Bath Bomb!

WOODBIDGE TOWNSHIP - Treat yourself to a winter treat—Thursday, February 28 6:30PM at the Woodbridge Main Library. Adults (18+) are invited to create their own bath bombs! These luxurious concoctions fizz up in water and release soothing epsom salts and essential oils. Choose from a variety of scents and colors to make your own unique bath bomb. Participants will be given supplies and instructions.

Registration is required to attend this event! Please register online @ woodbridgelibrary.evanced.info/signup/EventDetails?eventid=6873.

The Woodbridge Main Library is located at 1 George Frederick Plaza in Woodbridge, NJ. If you have any questions or need any further information, please contact us at 732-634-4450 or visit our website -www.woodbrigelibrary.org.

2019 Amboy Guardian Publication Dates

January 9
January 16
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January 30
February 6
February 13
February 20
February 27
March 6
March 13
March 20
March 27
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April 17
May 1
May 15
June 5
June 19
July 3
July 17
August 7
August 21
September 4
September 18
October 2
October 16
November 6
November 20
December 4
December 18



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Do you or someone you know have Old Photographs or Documents?

The Kearny Cottage Historical Society is Looking for Old Photos and Documents of Perth Amboy, South Amboy, Woodbridge, Fords, etc. (Local Area) For an Archiving Project - Your Photos & Documents will be scanned into digital format & returned to you.
For more info please call 732-293-1090

This Week in World War II 75 Years Ago

By: Phil Kohn. *Dedicated to the memory of his father, GM3 Walter Kohn, U.S. Navy Armed Guard, USNR, and all men and women who have answered the country's call in time of need. Phil can be contacted at ww2remembered@yahoo.com.*

On January 21, the *Luftwaffe* conducts its largest raid on Great Britain in some time, with 90 planes being spotted over southeast England during what comes to be called “the Little Blitz.” The RAF sends 648 bombers to attack Magdeburg, in east central Germany. In Russia, German forces in the Petergof and Strelna areas around Leningrad are essentially wiped out.

The Allies begin “Operation Shingle,” a second amphibious landing in Italy, on January 22, catching the Germans by surprise. Just after midnight, the U.S. Fifth Army lands two divisions (36,034 American and British soldiers and 3,069 vehicles sent from Naples) under Maj. Gen. John P. Lucas at Anzio, 30 miles south of Rome. The strategy is to outflank German troops on the so-called “Winter Line” (three lines of defense — the Gustav, Bernhardt and Hitler Lines — strung across Italy to the south) in order to move on Rome. In Russia, Field Marshal Georg von Kuchler, whose Army Group North’s stranglehold on Leningrad is slipping, is replaced by Col.-Gen. Walter Model, in whom Hitler has more faith.

Allied patrols venturing inland from Anzio on January 23 are halted by increasing German resistance. The German High Command has transferred German reserves from France, northern Italy and the Balkans, as well as the German Fourteenth Army headquarters to organize defenses around Anzio. Within a week a total of eight German divisions are concentrated in the area. Meanwhile, back home in the U.S., life goes on as the Detroit Red Wings register the most lop-sided victory in National Hockey League history by defeating the New York Rangers, 15-0.

In Italy, the U.S. Army’s 36th Infantry Division on January 24 suffers a major setback at the Rapido River, suffering heavy casualties. It finally manages a bridgehead, allowing Allied armored vehicles to cross, but the battle ends in a German defensive victory. At the other end of the Allied line, French colonial troops under Gen. Alphonse Juin continue to gain ground. In the Mediterranean off Anzio, the British hospital ship *TSS St. David* — well-marked, well-lit, and loaded with wounded soldiers — is sunk by German aircraft. Of the 229 aboard, 93 die.

Forces of the U.S. Fifth Army continue attacks on the German-held Gustav Line in Italy on January 25. French and Algerian troops make some gains on Monte Belvedere and Colle Abate (bypassing Cassino) but are halted by a lack of reserves to preserve their momentum. At Anzio, Allied efforts to expand the beachhead make slow progress.

British and Indian troops launch an attack on the Japanese in Arakan, in western Burma, on January 26. The African nation of Liberia declares war on Germany and Japan. Argentina — under pressure from the United States for months — finally severs diplomatic relations with Germany and Japan when it discovers a vast Axis spy network operating in the country.

By January 27, the combined efforts of four Red Army Fronts (Leningrad, Volkhov and 1st and 2nd Baltic) and aircraft from the Soviet Baltic Fleet have forced German troops away from the southern approaches of Leningrad, breaking the long siege. The Moscow-Leningrad railway is cleared and resumes operations. The 13th heavy air raid against Berlin kills an estimated 6,000 people. In Italy, the U.S. Fifth Army continues attacks on the Gustav Line. The British X Corps attacks German positions at Santa Maria Infante. The U.S. 34th Division (part of II Corps) captures Cairra, about 3 miles north of Cassino. Some seven miles farther north, Gen. Juin’s Free French near Colle Abate are pushed back by German counterattacks. The governments of Australia, Great Britain and the U.S. formally protest the Japanese treatment of prisoners of war. The three nations indicate they are determined to investigate and punish those responsible for criminal activities.

Coffee Talk with Rabbi Metz
PERTH AMBOY/EDISON - Wednesdays, January 23 and 30 at 9:30 a.m. Discussions/informal class in a relaxed environment. NEW LOCATION! Panera Bread, 1551 Route 1, Edison, (North of Menlo Park Mall, on the southbound side of Route 1.)

Ask the Rabbi
PERTH AMBOY/EDISON - "Ask the Rabbi" is back: Wednesdays, January 23 and 30 in the food court in Menlo Park Mall (near Panera) at 12 noon. Rabbi Sara Metz will discuss current events and Bible topics. She will also answer questions you might want answered but never had the opportunity to ask of a rabbi.

A.C. Bus Trip San Salvador Seniors

PERTH AMBOY - The San Salvador Seniors are sponsoring a bus trip to Caesar’s Casino in AC on Thursday, Feb. 7, 2019. Bus leaves 12 Noon from the Perth Amboy Knights of Columbus, High Street, Perth Amboy. Cost 30 pp. Receive \$30 back in slot dollars. For more info call Joe at 732-826-0819.

A.C. Bus Trip St. John Paul II Seniors

PERTH AMBOY – A trip to the Golden Nugget Casino in Atlantic City will be held on. Wed. Jan. 23, 2019. Cost \$35 pp.; \$25 back in slot play. Bus will depart from behind St. Stephens Church parking lot on Mechanic Street at 9:30 a.m. Call Bobbi to reserve a seat: 732-636-2867.



Pirohi Sale
PERTH AMBOY - St. John's Orthodox Church will be holding their Pirohi Sale at \$9.00 Per Dozen. Orders may be called in from February 4 -6, 2019 to 732-826-7067 between 9:00 a.m. and 12:00 Noon. Please call early to be sure your order gets in. Orders may be picked up on February 12th or 13th at 404 Division Street, Perth Amboy, NJ. Orders can be picked up after 2:30 p.m.

Vendors & Crafters Wanted
SAYREVILLE - The First Presbyterian Church of Sayreville is looking for vendors and crafters for our annual Flea Market/Craft Fair. Spaces are one for \$15.00 or two for \$25.00. There are a limited number of tables available for an additional \$5.00. The date is June 1, 2019, with a rain date of June 8, 2019. The hours are 8 a.m.-2 p.m. For more information please call 732-257-6353 or email to churchoffice172@optimum.net

Friends of Perth Amboy Free Public Library Meeting
PERTH AMBOY – The Friends of Perth Amboy Free Public Library are having a meeting on Tuesday, Jan. 29, 2019 at 6 p.m. at the Perth Amboy Free Public Library (Children's Library), 196 Jefferson St. Everyone is welcome to attend. For more info, call 732-261-2610.

Book Sale
PERTH AMBOY - Pick up a book or two (\$.50 for paperbacks/\$1 for hard cover) or select a “bag of books” for a price of only \$5. Presently, we are not accepting donations of books. Visit us at the Brighton Ave. Community Center located at the corner of Brighton Ave. and Sadowski Pkwy. in Perth Amboy. The schedule is as follows: Saturday: Jan. 26th, Feb. 9th & 23rd. We will be there from 1:00 p.m. - 3:00 p.m. (weather permitting). For more info, e-mail us at friendsoperthamboylibrary@gmail.com Book Dealers are welcome. !!!!

Pet of the Week



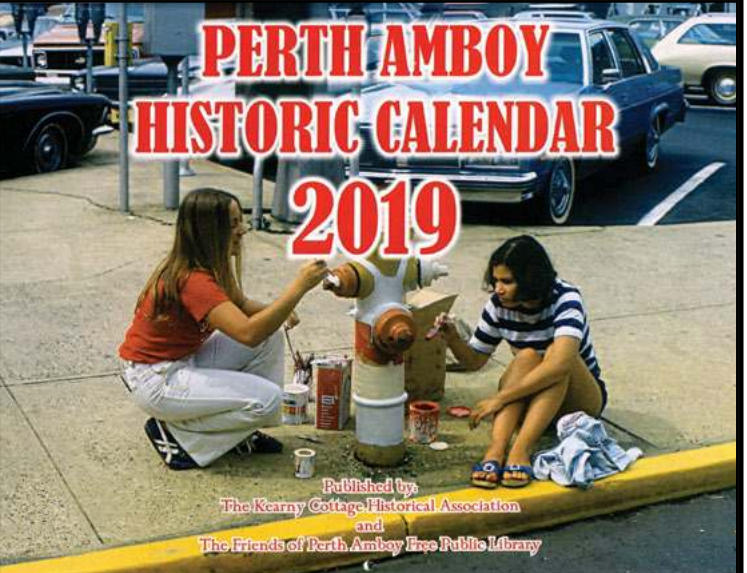
LOST! Hi my name is Garfield and my mommy misses me very much. I need help finding my way back home. I got out on Sunday, January 6th. Have any of you seen me? I'm lost in the Eagle Rock section of Perth Amboy. Somehow, I lost my way either on Chamberlain, Barry, Stephen Avenue or Robbins St. Please help me. I'm a boy with unique paws that look like boxing gloves (polydactyl). Usually I'm a tough boy but I also like to be loved but I can be moody at times. Call or text Jeannie at 1.732.486.6382 with information about where you saw me. I've never been outside and at first it was fun but now I want to go back into a warm home.

Have a Special Pet?
E-mail us your Pet Photos to AmboyGuardian@gmail.com with Pet of the Week in the Subject line and explain why your pet is special. Please include Name and Phone# for verification.

Souper Sale
PERTH AMBOY - Purchase a quart of homemade soup for your Super Bowl Party! St. John’s Evg. Lutheran Church is having a Souper Sale on Feb. 3rd. The soup choices are: Chicken Noodle, Beef Vegetable & Lentil (Vegan). The cost is \$8.00 a quart or 3 Quarts for \$20.00. Orders will be taken from Jan 20th until Feb. 2nd. Contact Lorraine at 732-996-8860 or kookie.mc@verizon.net to place your order. Pick up will be on Sunday Feb. 3rd from 11:00 a.m. to 1:30 p.m.. at the Church, 664 Amboy Ave (use the side door on Meredith St.)

Pancake Breakfast Buffet
SOUTH AMBOY - The South Amboy Elks are having a Pancake Breakfast Buffet on Sunday, February 3, 2019 from 9 a.m. to 12 noon at 601 Washington Ave. Cost: \$9 pp \$5 for kids under 7 years old. Join us for a served buffet of pancakes, scrambled eggs, breakfast meats, potatoes, sweets, breads, coffee, tea & juice. Menu variations each date. Proceeds will benefit our general fund and or the Wildwood fund. For more information, call 732-727-7170.

2019 Historic Perth Amboy Calendars



Published by:
The Kearny Cottage Historical Association
and
The Friends of Perth Amboy Free Public Library

2019 Historic Perth Amboy Calendars are now available at the Barge Restaurant, 201 Front St., Perth Amboy 732-442-3000 or at Fertigs Uniform Store, 195 New Brunswick Ave., Perth Amboy 732-442-1079, Perth Amboy City Hall or Call Paul or Katherine at 732-293-1090. Back by popular demand the Calendars feature old photographs from Perth Amboy. Sponsored by the Kearny Cottage Historical Association and the Friends of Perth Amboy Free Public Library. Calendars are \$10 Each.

Novena to St. Rita

O holy protectress of those who art in greatest need, thou who shineth as a star of hope in the midst of darkness, blessed Saint Rita, bright mirror of God's grace, in patience and fortitude thou art a model of all the states in life. I unite my will with the will of God through the merits of my Savior Jesus Christ, and in particular through his patient wearing of the crown of thorns, which with tender devotion thou didst daily contemplate. Through the merits of the holy Virgin Mary and thine own graces and virtues, I ask thee to obtain my earnest petition, provided it be for the greater glory of God and my own sanctification. Guide and purify my intention, O holy protectress and advocate, so that I may obtain the pardon of all my sins and the grace to persevere daily, as thou didst in walking with courage, generosity, and fidelity down the path of life. *(Mention your request.)*

Saint Rita, advocate of the impossible, pray for us.
Saint Rita, advocate of the helpless, pray for us.
Recite the Our Father, Hail Mary, and Glory Be three times each. K.M. & C.M.

A Petition to St. Joseph for Special Intention

Dear St. Joseph, head of the most perfect household, foster father of Jesus and guardian of His mother Mary, I confidently place myself and all my concerns under your care and protection. I ask that, through your powerful intercession with God, you obtain for me all the help and graces that I need for my spiritual and temporal welfare and in particular, the special favor I now ask there mention or think of your home sale or any other petition, especially family needs. Good St. Joseph, I know with confidence, that your prayers on my behalf will be heard by God and that He will grant my request, if it be for His glory and my greater good. Thank you St. Joseph, for having responded to my call. Amen. **S.C.**

Trivia Night

EDISON - Our Lady of Peace Knights of Columbus Council #9199 of Fords is sponsoring "Trivia Night" on Saturday, January 26, 2019. A night of fun, questions and answers will begin at 6:30PM at the OLP Parish Center on Franklin St, Edison. Admission is \$20 and includes admission, a sub sandwich, chips and a soft drink. Coffee, tea and desserts are available. BYOB (beer & wine only). Reservations are requested for teams of 6. For more info, call Emil Ferlicchi at 732-261-8280 or Jim Burke at 732-236-7356.

In Honor of Our Veterans Dinner & Tricky Tray

SOUTH AMBOY – The South Amboy Elks, 601 Washington Ave., is having a "In Honor of Our Veterans Dinner & Tricky Tray," on Sunday, Feb. 24th from 5 p.m. to 8 p.m. We are honoring all Veterans and Hosting Our Veterans from Menlo Park Veterans Home. Come show your support and have dinner with them. Tickets available in advance for \$10; \$12 at the door. Can't make the dinner? Donate a ticket for a Veteran. We are proud to serve those who have served us! Menu: Stuffed Chicken Breast, Mashed Potato, Vegetable, Cranberry Sauce, Dessert, Coffee & Tea. For more information call 732-727-7170.

Polar Plunge

SEA BRIGHT - Be Bold, Get Cold! Bishop Ahr High School's 6th Annual Polar Plunge - sponsored by the Ancient Order of Hibernians. The more cash, the more teacher's splash! Date: Sunday January 27, 2019; Time: In the Water at 1 p.m. at Sea Bright Municipal Beach by Tommy's Tavern, Sea Bright, NJ. Visit: bgahs.org/polarplunge to either register to participate or make a donation

Saturday Storytime

SEWAREN – The Sewaren Public Library warmly presents: Saturday Storytime with special assistance from Kara & Elizabeth. Stories, crafts, snacks, and more! 11 a.m. to 12:30 p.m. The 1st & 3rd Saturday of every month! (Starting Oct. 6th). Bring only imagination. Interested? Contact us at : 732-634-7571 or email us at sewarenlibrary@gmail.com The Sewaren Library is located at 546 West Ave.

Remember to Say Your Novenas!

Answers From Puzzle On Page 15



LOOKING BACK



PERTH AMBOY - The Ford Company celebrates it's three millionth Ford Truck in front of their building on Maple Street. The building later served as the unemployment office for years. Presently it is owned by Developer Eddie Trujillo and is being renovated .

**Photo Courtesy of the Perth Amboy Free Public Library*

This photo was restored under a grant from the Middlesex County Cultural and Heritage Commission to the Kearny Cottage Historical Association.

Senior Scene Happenings

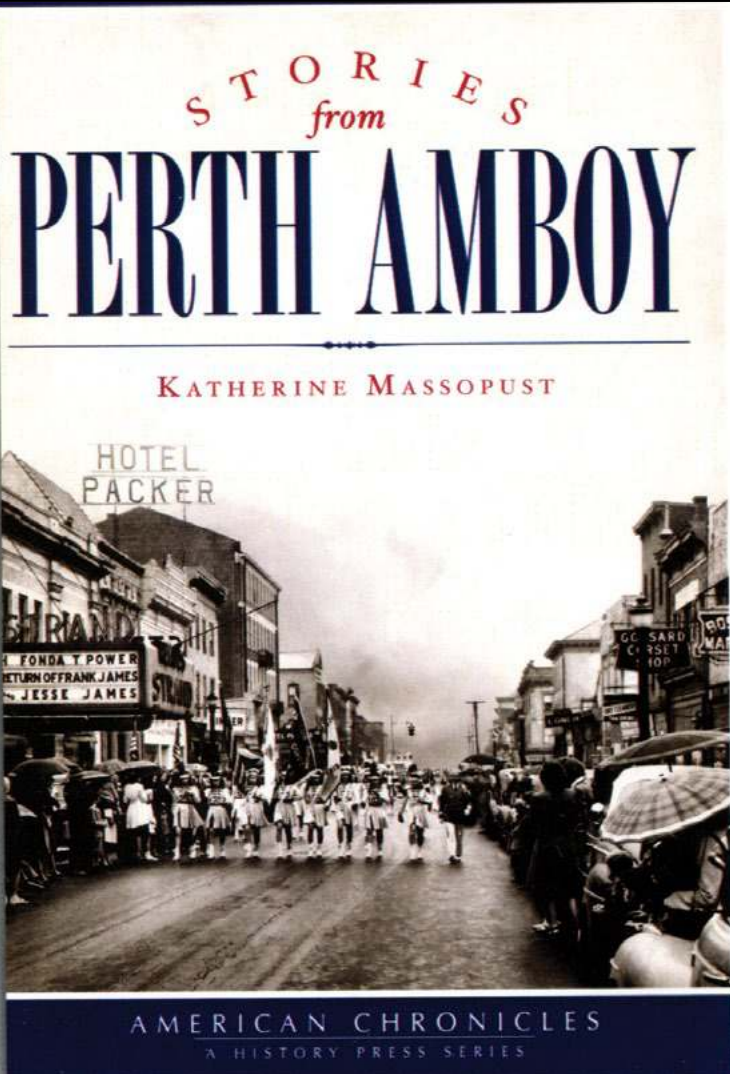
Perth Amboy

- TUES. Jan. 22 Market Square Seniors, 1 p.m., Presbyterian Center, Market St.
- Good Shepherd Tuesday Seniors (HS) 12:30 p.m. Msgr. Gambino Hall, Florida Grove Rd.
- WED. Jan. 23 Good Shepherd Wednesday Seniors, 12:30 p.m., Msgr. Gambino Hall , Florida Grove Rd.
- St. Stephen's Seniors, 1 p.m., Cafeteria, State St.
- THURS. Jan. 24 The Cathedral International Seniors, 9:30 a.m., Family Life Center, Madison Ave.
- MON. Jan. 28 St. James Golden Girls, 10 a.m., Fellowship Hall, Commerce St.
- TUES. Jan. 29 Market Square Seniors, 1 p.m., Presbyterian Center, Market St.
- Good Shepherd Tuesday Seniors (HS) 12:30 p.m. Msgr. Gambino Hall, Florida Grove Rd.
- WED. Jan. 30 Good Shepherd Wednesday Seniors, 12:30 p.m. Msgr. Gambino Hall , Florida Grove Rd.
- St. Stephen's Seniors, 1 p.m., Cafeteria, State St.
- THURS. Jan. 31 The Cathedral International Seniors, 9:30 a.m., Family Life Center, Madison Ave.

South Amboy

- MON. Jan. 28 Sacred Heart Seniors, 12 Noon Memorial Hall, Wash Ave.
- WED. Feb. 6 South Amboy Seniors, 12 Noon, Senior Center, S. Stevens Ave.
- MON. Feb. 11 St. Mary's Seniors, 12 Noon, Senior Center, S. Stevens Ave.

Attn: If Your Club changes its Schedule due to the Holidays or if you have Community Events to Submit Please give us two weeks advanced notice! 732-896-4446 or 732-261-2610 AmboyGuardian@gmail.com



Stories From Perth Amboy

PERTH AMBOY - Stories From Perth Amboy by Katherine Massopust is available at the Barge Restaurant, 201 Front St., Perth Amboy or in Fertig's Uniform Store, 195 New Brunswick Ave., Perth Amboy For more info call Katherine at 732-261-2610 or call the Barge at 732-442-3000 - or Fertig's at 732-442-1079 - A Great Gift! Get it now along with Then & Now: Perth Amboy!

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Call Carolyn @ 732-896-4446

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| | Brand New Electric Heater Radiator. Was \$65 Now \$20 New Never Used. 732-547-7406 | Electric Train Set "G" Scale Original Box. Excellent Condition \$75 - 732-727-8417 |
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| | Thomas & Friends Lionel Train Set. Electronic G-Scale - Like new \$75 - 732-583-2305 | Dining Hutch - Wood - Good Condition \$50 - Self Pick-up 732-826-6324 |
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| | Gold Carnival Glass Collector Plate (5 th Day of Christmas) \$25 732-673-6305 | Atari 2600 original joystix paddles 27 cartridges \$75 or B.O. 908-803-9623 |
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| | Custom Jewelry \$5-\$10; Sled \$25; Sports Memorabilia \$10; Dream Catcher Cane \$15 - 732-713-0536 | Sissy Bar and Pad for Harley Sportster - Great Condition \$65 - 908-590-8885 |
| | New never used Mirror 27"/41" Brown Frame was \$120 - Now \$75 - 732-721-7186 | Power Lift \$75. Wing Chairs Sofa End Tables, Lamps, Microwave \$10-\$50 - 908-803-9623 |
| | 6x8 Railroad Tie \$20 - 732-396-9537 - leave a message | |

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If you wish to publish a Novena in The Amboy Guardian, you may use this coupon.

A Petition to
St. Joseph

Dear St. Joseph, head of the most perfect household, foster father of Jesus and guardian of His mother Mary, I confidently place myself and all my concerns under your care and protection. I ask that, through your powerful intercession with God, you obtain for me all the help and graces that I need for my spiritual and temporal welfare and in particular, the special favor I now ask there mention or think of your home sale or any other petition, especially family needs. Good St. Joseph, I know with confidence, that your prayers on my behalf will be heard by God and that He will grant my request, if it be for His glory and my greater good. Thank you St. Joseph, for having responded to my call. Amen. **G.T.A.**

Prayer To St. Clare

Prayer To Blessed Mother

Prayer To Blessed Virgin

St. Jude Novena

Cost \$10.
Pre-payment required.

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Initials at end of prayer _____

Please circle one prayer, and return form with check or money order to:

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For Employment

Prayer To Holy Spirit

Thanksgiving Novena

Pray The Rosary

A Petition to
St. Jude

May the sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, have mercy on us. St. Jude, worker of Miracles, pray for us. St. Jude, helper of the hopeless, pray for us. *Say this prayer nine times a day for nine days. It has never been known to fail. Publication must be promised.*
**Thank you, St. Jude
F.M.J.**

Prayer To St. Jude

Novena To St. Anthony

Novena To St. Joseph

OTHER _____

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ACROSS

- 1 Islanders's gp.
4 Hunt for herring
8 Cherry type
12 "___ Blue?" (2 wds.)
13 One opposed
14 Actress Falco
15 Certain iron (2 wds.)
17 Take it easy
18 Portray an event
20 Author Louisa May ___
23 Winter melon
27 Roaring beasts

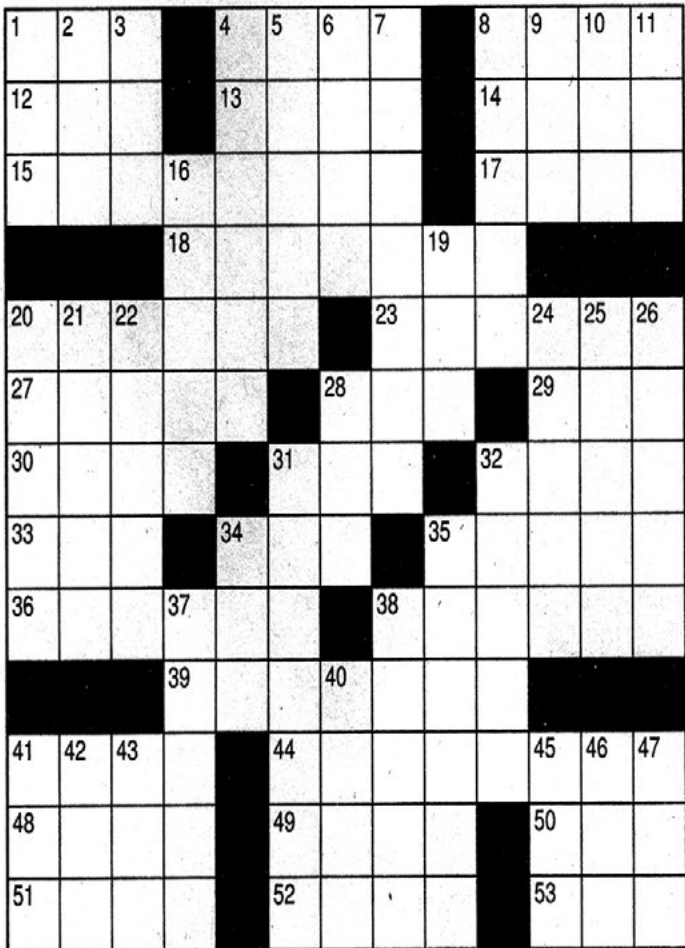
DOWN

- 28 Advanced degree (abbr.)
29 Heavy weight
30 "Step ___!" (2 wds.)
31 23rd Greek letter
32 Actor Ken
33 Cornish clucker
34 Dieter's enemy
35 Unenthused
36 Analyzes ore
38 Large groups
39 Inaccuracy
41 Ten cents
44 In an impassioned

DOWN

- 48 Related (to)
49 Actress Teri
50 Owned
51 Mail
52 Spud buds
53 "Oz" aunt et al.
1 Scold
2 "Managed care" inits.
3 "___ Liza Jane"
4 Gem surfaces
5 Lakeshore's recess
6 Shock
7 Japanese grill

- 8 Pants holders
9 Groom's response (2 wds.)
10 Naught
11 Alternative to hairspray
16 Leader's place
19 Unprincipled lout
20 Luau farewell
21 Fishing strings
22 Pocket jinglers
24 "___ Shrugged" (Rand novel)
25 Idaho's capital
26 Bancroft and Baxter
28 Attention-getting sound
31 "A ___ to India"
32 Mary-Kate or Ashley
34 Memo letters
35 Bread producers
37 Modify laws
38 Sierra ___
40 Dentist's office item
41 Prosecutors (abbr.)
42 Alibi ___
43 Hr. portion
45 Billy ___ Kid
46 Run away quickly
47 Cloth measurements (abbr.)



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PERTH AMBOY - Great money-making business monthly gross \$15,000, includes lottery machine, meat slicer, 4 freezers, many refrigerators, security systems, and much more. Long term lease \$975 with \$25 increase per year, total monthly expenses \$1,590.00. **\$60,000**



PERTH AMBOY - Great income producing business, Lottery Machine, Deli & meat department, Gross income \$8,000 weekly, Expenses Electricity \$583, Insurance \$75, Water and Sewer \$40, Gas \$40 monthly, ten-year lease \$2,000 per month. **\$140,000**



PERTH AMBOY - WHAT A DEAL!!! HIGH TRAFFIC LOC. MINS FROM NYC, NWK AIRPORT, MAJOR HWYS (TRNPK/PKWY/440/287/35/1&9/OUTERBRIDGE) BLDG CAN BE DIVIDED INTO 2-6000SQ FT UNITS OR 1ST FLR (4-750 SQ FT UNITS W/ A COMMON AREA). COULD BE USED FOR MULTIPLE BUSINESS/ATTORNEYS/CORPORATE OFFICES/DOCTORS/ADULT OR CHILD DAY CARES/HOUSE OF WORSHIP. BUILDING IS WAITING FOR YOU TO BRING YOUR DREAMS TO LIFE. **\$1,299,900**



PERTH AMBOY - Great condition two family, all separated utilities including water, garage, 2 and 4 bedrooms each apartment. High School section. **\$344,900**



PERTH AMBOY - Large single-family house in the heart of Perth Amboy, close to all major public transportation and shopping district, many upgrades, off street parking and more. **\$250,000**



PERTH AMBOY - This Bayshore Model is being built as an open floor plan design featuring living room, dining room 1/2 bath, office full basement A/C, 2 car garages, 4 bedroom, 2 full baths lots of upgrades to choose from see attachments, close to all major highways, parks, shopping center located in the prestigious Spa Spring section. MAKE YOURS DREAMS A REALITY!!!!!!!!!!!!!! Gas fireplace, 2 windows each side, 2 zone AC/Heat, Laundry Tub, 6 recess lights, LED flood light in rear, Garage door opener. **\$445,900**



PERTH AMBOY - NOT A BAR, the Building up until recently was used as a bar/lounge, the building is now vacant, located in the downtown business district, many different possible business ideas! Please bring your imagination, plenty of paid parking across the street, Trendy area with heavy foot and vehicle traffic. **\$359,900**



NORTH PLAINFIELD - Very Large two family located in a very desirable section of North Plainfield, all separated utilities including, great income producing property 1st floor 2 bedroom is rented for \$1,525 and 2nd floors 6 bedrooms is rented for \$2,400. Great condition very well-kept lots of off-street parking. A must see. **\$460,000**



PERTH AMBOY - Beautiful kept 3-bedroom 2.5 bath townhouse with two car garage, office, deck, hardwood floors, in the heart of Perth Amboy and close to all major public transportation. All appliances are being included in "AS IS" condition. **\$245,000**